



**O-NEWS**  
@OrienteeringQld #OrienteeringQld

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## UPCOMING EVENTS

For a full listing of upcoming events and all their details, please go to the [Event Calendar](#).

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## NATIONAL JUNIOR CAMP 2026 - ENTRIES EXTENDED

The poster for the 2026 Junior Camp features a green and orange color scheme. At the top, the text '2026 JUNIOR CAMP' is written in large, bold, green letters. Below this, an orange banner reads 'JUNIORS BORN 2006-2012'. The main body of the poster is green and contains the text: 'Five days to develop your skills, challenge yourself and connect with juniors from across Australia. Come ready to train, learn, have fun and discover what's next in your orienteering journey.' Below this text, the dates 'DECEMBER 17-21' and location 'BALLARAT, VICTORIA' are listed, followed by 'PAX HILL SCOUT CAMP'. A 'REGISTER NOW' button and a QR code are also present. The bottom of the poster features an orange banner with the text 'BUSH | SPRINT | NIGHT | RELAY'. The background of the poster is decorated with various orienteering maps, including a large one at the top right and several smaller ones on the left and bottom right.

# 2026 JUNIOR CAMP

**JUNIORS BORN 2006-2012**

Five days to develop your skills, challenge yourself and connect with juniors from across Australia. Come ready to train, learn, have fun and discover what's next in your orienteering journey.

**DECEMBER 17-21**  
**BALLARAT, VICTORIA**  
PAX HILL SCOUT CAMP

[REGISTER NOW](#)

[QR CODE](#)

BUSH | SPRINT | NIGHT | RELAY

Five days to develop, connect and challenge yourself

The National Junior Camp is an opportunity to spend five days surrounded by other juniors who share a passion for orienteering.

Open to juniors born 2006-2012 who regularly compete on hard courses.

Come ready to train, learn, challenge yourself and have fun.

17–21 DECEMBER | BALLARAT, VIC | PAX HILL SCOUT CAMP

Bush. Sprint. Night. Relay.

**CHALLENGE**

Experience bush, sprint, night and relay orienteering across a range of terrain.

**CONNECT**

Train, compete and socialise with juniors from across Australia.

**DISCOVER**

Learn about international opportunities, athlete pathways and different forms of orienteering.

**REGISTER**

Submit your expression of interest via Eventor by **31 October 2026**.

<https://eventor.orienteering.asn.au/Events/Show/24230>

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**RESCHEDULED: CASCADES TRAINING + CLUB RELAYS at FOXBAR FALLS + RSL DINNER**

Unfortunately heavy rain forecast for the Granite Belt led to the postponement of the events in Stanthorpe last weekend.

We are aware this may not suit everyone, but it was difficult to find a time when both the venue and the organizers were available.

The **rescheduled events are now on Eventor**, and entries are open, so **please re-enter** if you are able to come. We hope to see you there!

Come join us for an end of season celebration around Stanthorpe 28-29 Nov

- Sat 2:30pm - **Training exercises** (all levels) at **Cascades** – one of Australia's best granite maps – [Enter here](#)
- Sat 6pm – **Casual dinner** at Stanthorpe RSL The RSL is heavily booked, so please make sure you add this as a "Service" on Eventor (Relays) if you are coming.
- Support the landowners by booking a **campsite** at [Foxbar Falls](#).
- Sun 10am – **Club Relays** at Foxbar Falls – [Enter here](#) in your choice of Long/Short/Easy and you'll be put in a team of 3. Teams will include at least one female and one 14U or 60+ years. Results are weighted according to the percentage of club members who participate, so come and support your club!
  - Long 5.2km
  - Short 3.1km
  - Easy 1.3km

The Long course will venture into the NW corner of the Amiens map so long O pants are recommended.

- Followed by **OY Award** Presentations and free sausage sizzle.

Entries close Wed 25 Nov

**RANGE RUNNERS BREAK-UP - NEW MAP**

**RANGE RUNNERS ORIENTEERING CLUB**

**END-OF-YEAR BREAK-UP & ORIENTEERING EVENT**

**WHEN:** Sunday 1 November 2026  
**PRESENTATIONS:** 2:00 PM | **SPRINT STARTS:** 2:30 PM  
**WHERE:** Sacred Heart College, North St, Toowoomba  
**COURSES:** Very Easy, Easy, and Ultrasprints. Something for everyone!  
**NEWCOMERS WELCOME!** Coaching available, compasses & SI cards to borrow.

Pre-register online or pay on the day!  
Info: rroc.oq@gmail.com

The poster features a collage of images: a family running, a child with a map and compass, a person running on a trail, and a group of people sitting on the grass. It also includes icons for 'KID-O ACTIVITIES', '3 ULTRA-SPRINT COURSES', and 'PRESENTATIONS' with trophies.

Range Runner's final event for the year is on Sunday 1 November  
It will be on a NEW MAP of Sacred Heart College at Toowoomba  
The event will include presentations and breakup.

Presentations at 2pm sharp and Sprint starts from 2.30pm.

There will be Kid-O activities for the Under 10's and the young at heart.

There will be the usual Very Easy and Easy courses, and 3 short ultrasprint courses.

Watch out - the controls are illegally close together - read your control descriptions and check your numbers!

Newcomers very welcome! Coaching available; compasses can be borrowed; SI hire is free

Pay on the day by cash or card

Register online or by emailing [rroc.oq@gmail.com](mailto:rroc.oq@gmail.com)

For more information, email [rroc.oq@gmail.com](mailto:rroc.oq@gmail.com) or text 0427523541

## SOUTHSIDE NIGHT NAV IS BACK ON THURSDAY EVENINGS

A colorful poster for the Southside Night Nav Thursday Evening Orienteering Series. The background is dark blue with green and orange accents. It features images of people participating in the events. The text is arranged in several boxes and sections.

**SOUTHSIDE NIGHT NAV**  
**THURSDAY EVENING ORIENTEERING SERIES**

**STARTS BETWEEN 5:30 – 6:50 PM EACH THURSDAY**

**40-MINUTE SCORE EVENTS!**  
Choose your own route, collect as many controls as you can.

**6-WEEK SUMMER SERIES**

- 12 Nov – Carina Heights
- 19 Nov – Mansfield
- 26 Nov – Wishart
- 3 Dec – Sunnybank
- 10 Dec – Algester
- 17 Dec – Eight Mile Plains

Walk, jog or run!  
Open to all fitness levels.

**BRING YOUR FRIENDS, TEST YOUR NAVIGATION SKILLS AND MAKE THURSDAY NIGHT YOUR ADVENTURE NIGHT!**  
Newcomers always welcome! Assistance available for beginners.

### Looking for a fun way to keep your orienteering going through summer?

Southside Night Nav is back, with a fantastic series of Thursday evening events across Brisbane!

With starts between **5:30 pm and 6:50 pm**, each event features a 40-minute score course - choose your own route and collect as many controls as you can before time runs out.

Walk, jog, or run—the choice is entirely yours!

26 Nov – [Wishart](#)

3 Dec – [Sunnybank](#)

10 Dec – [Algerter](#)

17 Dec – [Eight Mile Plains](#)

Whether you're chasing a fast-paced navigation challenge or simply looking for an enjoyable outdoor adventure, Night Nav is the perfect excuse to grab a map and get moving this summer.

**Thursdays | Starts 5:30–6:50 pm | 40-Minute Score Events**

Bring your friends, test your navigation skills, and make Thursday night your adventure night!

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### TIM McINTYRE'S PODCAST PROMOTION - TRAIL TAILS



Ugly Gully's Tim McIntyre has been promoting Orienteering & Rogaining to the trail running community on the podcast "Trail Tales with Tara and Bryce"

Listen: <https://creators.spotify.com/pod/profile/trail-tales-tara-bryce>

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people relying on you. Intelligence, cooperation and stamina all mixed together. We have a really interesting conversation and Tim has us both keen to give it a go sometime soon.”

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Our final Thursday Mid-Week Orienteering event for the year will be on the Bardon Forest Park Map.

It will be a bush event with flags .

Thursday 29 October 2026 with starts from 10:00am

It will start at 78 Barnett Road, Bardon.

Course lengths: Long 3.1kms/ 115m Climb, Medium 2.2/95, Short 1.7/70, Very short 0.7/20

It will be followed by BBQ to celebrate a great year with only one Thursday missed.

Drinks available, and any contribution to desserts welcome.

Please pre-enter for catering purposes (and to guarantee a map)

at <https://eventor.orienteering.asn.au/Events/Show/24752>

Cost \$6 members, \$8 non members.

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**LIGHT UP YOUR TUESDAY NIGHTS WITH ENOGGEROOS NIGHT NAV**

A promotional graphic for 'Night Nav' events. It features a dark blue background with a green cartoon owl in the top left, a compass rose in the top right, and a circular inset photo of two people looking at a map. The text 'Night Nav' is in large white letters, followed by 'Tuesdays 5.45pm'. A list of dates and locations is provided. At the bottom left, there's a circular inset photo of a person running with the text 'Walk, Jog or Run. 40 minute Score Events'. The 'enoggeroos' logo is in the bottom right.

**Night Nav**  
**Tuesdays 5.45pm**

3 Nov- Everton Hills  
10 Nov - Downey Park  
17 Nov - Ferny Hills  
24 Nov - Woolloowin  
1 Dec - Chermside Sth  
8 Dec - Bracken Ridge  
15 Dec - Keperra  
22 Dec - Mitchelton  
5 Jan - Aspley Hills  
12 Jan - Nundah  
19 Jan - Alderley  
26 Jan - Ashgrove East

**Walk, Jog or Run.**  
**40 minute**  
**Score Events**

<https://enoggeroos.com.au/nightnav/>

Looking for a fun way to keep your orienteering going through summer?

**Enoggeroos Night Nav** is back, with a fantastic series of Tuesday evening events across Brisbane!

Starting at **5:45 pm**, each event is a **40-minute score course**, giving you the freedom to choose your own route and collect as many controls as you can.

**Walk, jog or run.** The choice is yours!

3 Nov – [Everton Hills](#)

10 Nov – [Downey Park](#)

17 Nov – [Ferny Hills](#)

24 Nov – [Woolloowin](#)

1 Dec – [Chermside South](#)

8 Dec – [Bracken Ridge](#)

**5 Jan** – Aspley Hills

**12 Jan** – Nundah

**19 Jan** – Alderley

**26 Jan** – Ashgrove East

Whether you're chasing a fast-paced navigation challenge or simply looking for an enjoyable evening adventure, Night Nav is a great excuse to grab a map and get moving.

**Tuesdays | 5:45 pm | 40-minute score events**

Find out more at [enoggeroos.com.au/nightnav/](http://enoggeroos.com.au/nightnav/)

Bring your navigation skills and make Tuesday night adventure night!

## WHAT'S YOUR EXPERIENCE OF ORIENTEERING?



### Results Per Sport | PARTICIPANT

#### LIKELIHOOD TO RECOMMEND (0-10)



Your voice matters! Share your orienteering experience in a few minutes.

We're working with the Australian Sports Commission to better understand your experience in orienteering.

**Survey closes 18 November 2026.**

*We would like every orienteering member to submit a survey response, including parents/carers completing it with their children.*

**COMPLETE SURVEY:**

[https://sportaus.syd1.qualtrics.com/jfe/form/SV\\_bCxKWycy6PGA3sO](https://sportaus.syd1.qualtrics.com/jfe/form/SV_bCxKWycy6PGA3sO)

The second image above is a snapshot of orienteering's February score vs other sports (see all [Research Reports](#)).

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**2027 QUT SPORTS SCHOLARSHIPS OPEN NOW**

QUT Sport is excited to share that applications are now open for the 2027 QUT Sport Scholarships, closing on Friday 8 January 2027.

QUT offers a range of sport scholarships valued from \$5,000 to \$10,000 to help high performing athletes balance their sporting commitments with university study. Available to both new and continuing

levels. Sport scholarships on offer include:

- [QUT x AIS Scholarship](#)
- [QUT x QAS Scholarship](#)
- [QUT Elite Sport Scholarship](#)
- [QUT Rising Sports Scholarship \*\(including esports\)\*](#)

Scholarship benefits include:

- Priority access into the [Elite Sport Program](#)
- Full access to QUT's gym and aquatic facilities
- Access to allied health services including sports psychology and nutrition
- Personal and professional development opportunities
- Further financial support for travel, accommodation, and competition costs

For further details, eligibility criteria, and steps to apply please visit our [Scholarships website](#), or contact the Elite Sport Team, [elitesport@qut.edu.au](mailto:elitesport@qut.edu.au)

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**ENTRIES OPEN FOR AUS 3-DAYS 2027**



Four days of racing, including the Prologue Sprint, inaugural Easter Youth Relay, two Middle Distance events and a Long!

Bulletin 1 is also available, with event information to help you start planning your Easter.

Goulburn, NSW 26–29 March 2027

Enter now and download Bulletin 1: <https://eventor.orienteering.asn.au/Events/Show/24062>

Check out the website: <https://aus3days2027.orienteering.asn.au>

See you in Goulburn!

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**NATIONAL MTBO TEAM MANAGER POSITION**



Orienteering Australia is seeking a Team Manager for the World MTB Orienteering Championships 2026, which will be held in Latvia from 10 to 16 June 2027.

Further details of the event can be found at the IOF Eventor page. [eventor.orienteering.org](https://eventor.orienteering.org)

The Team Manager will have their travel costs covered by OA for the trip and it's expected that the team will convene about a week before the championships for final training and preparation.

The Role Description can be downloaded and [viewed here](#).

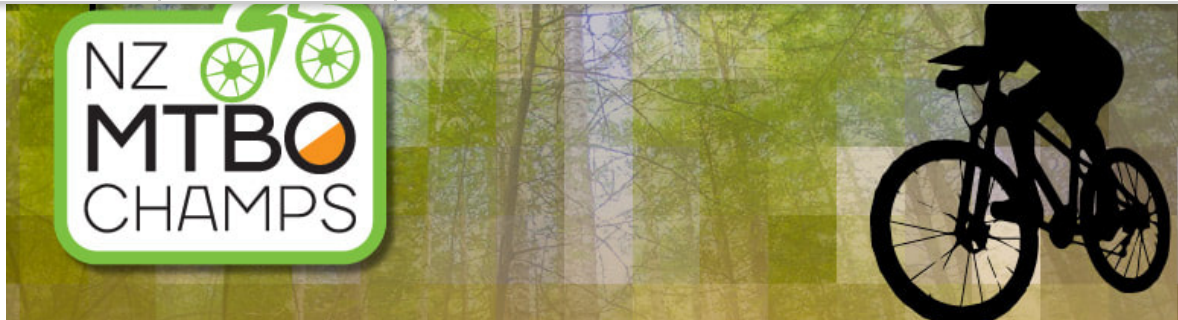
As Orienteering Australia is committed to protecting children from harm, applicants will be required to undergo a screening process prior to appointment.

If you are interested in the position or want more information on how to apply or the specifics of the role, please contact

Manager, MTBO Development, Craig Steffens ([craig.s@orienteering.asn.au](mailto:craig.s@orienteering.asn.au))

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**2027 NZ MTBO CARNIVAL - HAVE YOUR SAY**



### Have your say and help shape us plan for the 2027 New Zealand MTBO Carnival!

New Zealand is gearing up for an exciting week of mountain bike orienteering in April 2027, and Australian riders are encouraged to get involved.

The **2027 NZ MTBO Championships** will be held in the Canterbury region over the ANZAC weekend, from **Saturday 24 to Monday 26 April 2027**. The programme includes Mass Start and Sprint races on Saturday, the Long Distance on Sunday, and the Middle Distance on Monday. Additional MTBO events are planned before the championships, providing an opportunity to explore more of New Zealand's fantastic riding and orienteering terrain in the Otago region. - <https://www.mtbochamps.nz/2027-champs-christchurch.html>

To help with planning and understand what riders would like from a potential travel group, please take a few minutes to complete this short survey. Your feedback will help gauge interest and us shape plans supporting those want to attend.

Have your [say here](#).

Whether you're keen to race, enjoy some extra MTBO adventures or make a holiday of it with fellow riders, now is the time to start thinking about joining the fun.

**Complete the survey and help make a great trans-Tasman experience!**

## BUILDING INJURY-PROOF BODIES



Photo: [pexels-maksgelatin-4775205](#)

Whether you are navigating dense forest or sprinting toward the final control, running remains one of our most accessible sports. However, staying consistent on the course means staying healthy. Overuse injuries to the knees, ankles, and lower legs often catch runners off guard—especially when aerobic fitness outpaces structural readiness.

While cardiovascular capacity, mitochondria, and blood flow adapt in just a few short weeks, the underlying framework takes longer to catch up. Muscles take three to four weeks to grow, tendon adaptations require at least 12 weeks of heavy loading, and bone remodelling can take months.

To bridge this gap and keep runners moving strongly, strength training offers a powerful advantage:

- **Targeted Strength:** Heavy, low-rep exercises (5–6 reps) such as calf raises, split squats, squats, and deadlifts fortify key tendons and prime calf muscles to handle multi-bodyweight landing forces.
- **Explosive Power:** Dynamic plyometrics—like pogo hops and single-leg jumps—train muscles and tendons to absorb and spring off tough, uneven ground quickly.

To further protect your stride, avoid sudden spikes in weekly mileage, fuel adequately with protein, carbohydrates, and bone-supporting nutrients, and opt for softer grassy terrain when training between events. By balancing heart, lungs, and muscle, we can all enjoy faster splits and many more seasons on the map!

This article is summarised from an article by Hunter Bennett, Lecturer in Exercise Science, Adelaide University which was published in The Conversation. You can read the [full article here](#).

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#### LAST WEEK'S NEWS ARTICLES BELOW

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#### UPDATE FROM THE OQ JUNIOR DEVELOPMENT COMMITTEE (JDC)



On behalf of the JDC, I would like to congratulate all the students in the Qld and Independent teams for their performances in the recent Aus Champs and ASOC carnival. It is a physically and mentally tough

Felicity Crosato (Independent Team Facilitator) along with the many other parents and carers that provided assistance along the way. Your dedication and patience in organising, transporting, feeding and encouraging all the students is very much appreciated and I know that this commitment started well before the Carnival week. I hope you can enjoy a short break before we start it all again for 2027.

In case you aren't aware, the JDC is a committee within OQ that aims to introduce school age children to our sport and then foster engagement at whatever level the child wants – whether that be regular non-competitive outings at club events or competition on a wider scale and progression to future elite level. There are a range of programs and Mentors available to help juniors develop their involvement with Orienteering. As part of our charter, each year after ASOC we review our policies and procedures to ensure they meet the needs of our evolving sport and publish them in time for the 2027 event year. If you have any feedback or suggestions on the policies and procedures please let us know by the end of October via [jundevcom@oq.asn.au](mailto:jundevcom@oq.asn.au) . If you wish to know more about how the JDC can help you as a student or a student you care for get involved with Orienteering please also reach out to us at [jundevcom@oq.asn.au](mailto:jundevcom@oq.asn.au)

Neil Gannon – Chair of JDC

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## AUSTRALIAN ORIENTEER UPDATE & CALL FOR CONTRIBUTIONS



working to ensure that there is a Summer Issue of the magazine. We are putting in place a team to make this happen and to honour Hania's work.

To enable this in a timely manner, please send your articles, photographs, advertisements and suggestions to [magazine@orienteering.asn.au](mailto:magazine@orienteering.asn.au) by Wednesday October 28, or earlier if possible, for inclusion in the next issue.

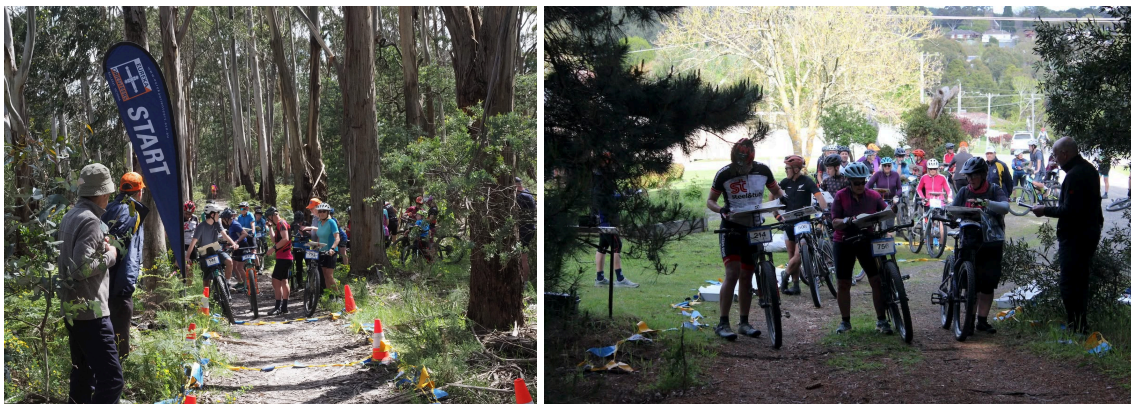
Leila Henderson, co-editor of SA Orienteer, has kindly agreed to assist with delivering the Summer Issue.

We will be appointing a new Editor in due course. In the meantime, feel free to message me or Leila if you have any questions.

Mike Dowling, Chair, Orienteering Australia

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## NATIONAL MTBO SERIES WRAP-UP FOR 2026



The 2026 National MTBO Series has officially concluded after a fast, competitive and highly successful

showcased the very best of Australian MTBO.

### Series Overview

The 2026 calendar delivered:

- **11 National Series races** across mass start, sprint, middle and long formats
- **3 host states** contributing diverse terrain and course styles
- **Strong participation growth**, particularly in junior and recreational categories
- **Consistently high event quality**, with accurate mapping, quality course setting and advancements in timing and results display with MeshO

The Victorian 4 stage round proved a highlight, drawing one of the largest fields of the year and offering a mix of technical school navigation, open forestry roads and flowing bushland singletrack.

### Season Highlights

- **Breakout performances** from emerging juniors, several of whom claimed their first podiums
- **Tight battles** in elite categories, with multiple races decided by under 30 seconds
- **Improved women's participation**, supported by targeted club outreach and beginner-friendly course options
- **New venues** added to the series, expanding MTBO's footprint and providing fresh mapping challenges
- **Record social engagement**, with riders sharing GPS routes, helmet-cam footage and post-race analysis across club channels

### Series Champions

Final detailed standings across all categories are published on the [OA MTBO page](#), but headline results include:

- **Elite Men & Women** decided only in the final round
- **Junior categories** showing the strongest year-on-year growth

**[Click here](#) for the 2027 Placegetters**

Congratulations to QLDers Isaac Adams (2nd M14), Joel Dodds (2nd M20), Joel Young (2nd, M40), Craig Steffens (1st M50), Barry Huntington (2nd M80), Eva Kovacs (1st W50), Tasmin Barnes (2nd W50), Lisa Dodds (=3rd W50), Janelle Schafer (2nd W60), Jacquie Rand (2nd W70).

**Thank You to Hosts & Volunteers**

The 2026 series was made possible by:

- State organisers and mapping teams
- Course setters and controllers
- Timing crews and results processors
- Local clubs providing equipment, venues and volunteer support

Their work ensured safe, enjoyable and professionally delivered events throughout the season.

**Looking Ahead to 2027**

The 2027 season is shaping up to be even bigger, with a continued focus on participation growth of juniors, women and girls and national consistency.

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**NOMINATIONS FOR OA AWARDS AND HALL OF FAME**



Nominations are open for the Orienteering Australia service awards and the OA Hall of Fame for 2027, and **close on 14 January 2027**. Clubs or individual members are encouraged to propose nominations and prepare supporting material, but nominations must be submitted through a member association with its endorsement. Previous unsuccessful nominations may be resubmitted with updating if appropriate.

**Service Awards.** The following awards are made to recognise meritorious service at the club, state associations or national/international level:

- Silva Award for Services to Orienteering
- The Peta Whitford Award for Services to Coaching
- The David Hogg Medal for Services to Event Management
- The Rob Plowright Award for Services to Mapping

Details of the nomination procedure and award criteria can be found in the OA Operations Guide Edition 6, Section 5.5, on the OA website. Lists of past winners can be found on the Awards page of the OA website (under 'Get Involved').

**Hall of Fame.** The OA Hall of Fame represents the highest level of peer recognition for an individual's contribution to Australian orienteering and consists of two divisions:

national competitions in Australia.

- **General Member.** Has demonstrated excellence and outstanding achievement in one or more roles contributing to the development and/or advancement of orienteering nationally and/or internationally.

Details of the nomination procedure and award criteria can be found in the OA Operations Guide Edition 6, Section 5.6, on the OA website. Member states or territories may nominate someone who is not a current member of that state/territory. Existing Hall of Fame inductees are listed on the Hall of Fame page of the OA website (under 'Get Involved').

Further Information and advice about the above awards and Hall of Fame is available by contacting the Manager, National Awards, David Hogg, at [dhogg1943@gmail.com](mailto:dhogg1943@gmail.com).

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### LOOKS HARMLESS - BUT MAKES ALL THE DIFFERENCE!



Can you spot what went wrong here, despite the best of intentions?

The problem: the metal sits directly over the built-in coil!

Steel cables and iron objects can impair the function of SPORTident stations. So never attach stations to iron fences or iron posts. Otherwise, punching may not work reliably, and the range is reduced when punching contactlessly with the SIAC. In the worst case, punches can be lost.

By the way: the notches around the "hole" of the BSF9 are there to let rainwater drain away.

## AI AND AUTHENTICITY: MAKING CONTENT STAND OUT



Flyer generated by AI

Artificial intelligence can be a valuable tool for clubs looking to save time and improve their communications. From drafting event announcements and proofreading newsletters to generating social media ideas and summarising meeting notes, AI can help volunteers work more efficiently. However, the most effective content is still content that feels genuine, relevant, and uniquely connected to your club.

experiences, and genuine club voices. For major events and national campaigns, branding and promotional materials continue to be created in-house to ensure consistency and authenticity.

Clubs are encouraged to use high-quality photography and follow safeguarding guidance when sharing images of young participants. AI-generated images and cartoon-style graphics should be used cautiously, if at all, particularly when promoting the sport to potential participants.

It is also important to remember that AI is not always accurate. Any content produced with AI should be carefully reviewed, edited, and fact-checked before publication. AI can provide a useful starting point, but it lacks the personal insight, local knowledge, and human connection that engage both new and existing members.

Ultimately, AI should be viewed as a creative assistant rather than a replacement for human input. By using AI thoughtfully and responsibly, clubs can save time while maintaining an authentic voice. In an increasingly crowded digital landscape, that human touch is often what makes content memorable and helps it stand out from the growing volume of AI-generated material.

You can read the original [British Orienteering Blog here](#).

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## ARE YOU PLANNING AN EVENT THIS YEAR?



Are you involved in planning an event this year?

Course setting?, Controlling? Event Organiser?

Please take advantage of the resources available. In particular, check the **Event Guide** and the **Course Guidelines** at

- [Event Resources - Foot-O](#)
- [Event Resources - MTBO](#)

and the **Risk Management guide** at

- [Safety & Emergency](#)

When putting out controls, please use MapRun CheckSites to check the control is in the right place.

Questions? Please ask Dylan at [technical@oq.asn.au](mailto:technical@oq.asn.au)

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**2027 Date Savers**



## QLD Foot Events 2027

| Date       | Major Events 2027                                        |
|------------|----------------------------------------------------------|
| 28 Feb     | OY1 Sprint + OQ AGM - UQ Gatton                          |
| 14 Mar     | OY2 Long – Rosenthal Ck, Stanthorpe                      |
| 26-29 Mar  | Easter 3 Days - NSW                                      |
| 24 Apr     | OY3 <b>QLD Sprint Champs</b> – Sheldon College           |
| 25 Apr     | OY4 Long - Karawatha                                     |
| 26 Apr     | Relay – Belmont Hills                                    |
| 1-3 May    | Skill Development - Bigges Hill, Wivenhoe                |
| 23 May     | OY5 Middle – Toohey Forest                               |
| 6 June     | OY6 Long – Samford Forest                                |
| 19 June    | OY7 <b>QLD Middle Champs</b> - Maidenwell                |
| 20 June    | OY8 Long - Blackbutt                                     |
| 9-11 July  | Junior Camp                                              |
| 24-25 July | QLD Schools Champs - Maryborough                         |
| 7 Aug      | OY9 Middle - Alfred the Great, Caloundra                 |
| 8 Aug      | OY10 Sprint - Caloundra                                  |
| 28 Aug     | OY11 <b>QLD Long Champs</b> – Stanthorpe                 |
| 29 Aug     | OY12 <b>QLD Long Champs</b> – Stanthorpe                 |
| 2 -19 Oct  | Aus Champs + ASOC – South Australia                      |
| 24 Oct     | Club Relays – Crows Nest<br>+ Skill Development (23 Oct) |

**QLD MTBO Events 2026**

| Date | Major Events 2026 |
|------|-------------------|
|      |                   |

**Contact Details**

Please use the email addresses below to contact OQ Personnel:

[admin@oq.asn.au](mailto:admin@oq.asn.au) (Linda Burridge)

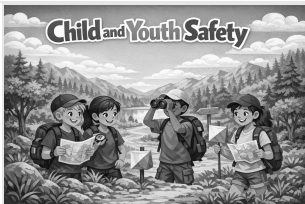
[membership@oq.asn.au](mailto:membership@oq.asn.au) (Liz Ferguson)

[treasurer@oq.asn.au](mailto:treasurer@oq.asn.au) (Tony Bryant)

[bulletin@oq.asn.au](mailto:bulletin@oq.asn.au) (Linda Burridge)

[website@oq.asn.au](mailto:website@oq.asn.au) (Rob Crosato)

**Last bulletin submissions to be received by 8pm each Tuesday.**

**Child and Youth Safety**

Orienteering Queensland is committed to [Child Safety](#) and to implementing the National Child Safety



**Queensland**  
Government

**Orienteering Queensland gratefully acknowledges the financial support of the Queensland Government, enabling Queenslanders to participate in sport and recreation activities.**



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