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UPCOMING EVENTS

For a full listing of upcoming events and all their details, please go to the Event Calendar.

ENTRIES CLOSE TONIGHT: STANTHORPE WEEKEND 28-29 NOV

Cascades Training | Dinner | Camp | Club Relays





Rained out last month, our Club Relays weekend has been rescheduled for 28-29 November.

🏅A special prize to the person who finds the flag and SI unit that were washed away in October! 🏕️

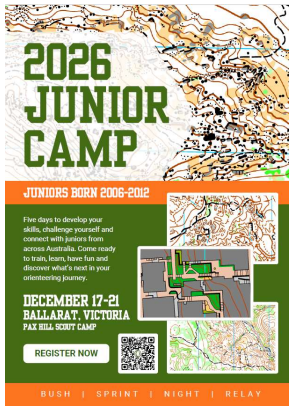
So come join us for an end of season celebration:

- Sat 2:30pm - **Training exercises** (all levels) at **Cascades –** one of Australia's best granite maps **– ENTER**
- Sat 6pm **– Casual dinner** at Stanthorpe RSL. The RSL is heavily booked, so please add this as a "Service" on Eventor (Relays) if you plan to come.
- Support the landowners by booking a **campsite** at Foxbar Falls.
- Sun 10am **– Club Relays** at Foxbar Falls **– ENTER** in your choice of Long (5.2km) / Short (3.1 km) / Easy (1.3km) and you'll be put in a team of 3. Teams will include at least one female and one 14U or 60+ years. Results are weighted according to the percentage of club members who participate, so come and support your club!

- Followed by **OY Award** Presentations and free sausage sizzle.

Entries close Wed 25 Nov

NATIONAL JUNIOR CAMP: LATE ENTRIES OPEN



Pax Hill Scout Camp, Ballarat, from 17 to 21 December.

Bush, sprint, night and relay training, led by Aston Key.
It's open to juniors born 2006–2012 who regularly run hard courses.
The camp is capped at 100 and 89 have entered so far, so don't wait.
Register on Eventor

DATE CLAIMER: SKILLS DEVELOPMENT CAMP 1-3 MAY 2027



This year, the traditional Minis Camp will be broadened to cater for **all levels**, with group training from beginner to elite levels.

🔶**Venue:** The camp will be based at the beautiful **Ivorys Rock** camping and events centre, Peak Crossing, Ipswich Region
🔶**Accommodation:** Please book your own accommodation. Cabins and camping available – mention "Orienteering" when you book. Cabins are donga style (single or twin) so a family may need 2 cabins.

🔶**Under 18s** must be accompanied by a guardian/adult responsible for accommodation, meals and transport.

More info to come!

OQ JUNIOR COACHING SUPPORT 2027 - PAID POSITION (50 HRS)



Orienteering Queensland is looking for an enthusiastic Coach to assist with continuity of training throughout the year for Juniors, focussed around OY events (pre- and post-race zooms for preparation and debrief/analysis, training exercises at events, etc).

Find out more here



Orienteering Queensland is seeking **Expressions of Interest** for a casual position as Marketing and Promotions Officer for 2027.

- $42.49 per hour (including casual loading) + 12% superannuation
- flexible hours, work from home
- up to 250 hours per year

Skills required are the ability to:

- take the initiative and find opportunities for marketing orienteering events (local and state) to schools, local communities, and newcomers as well as to members
- liaise with event organisers
- use social media effectively
- imagine other ways of communicating with potential audiences
- use Canva or other graphic design software

Enquiries and expressions of interest: president@oq.asn.au by end December 2026.



2027 memberships are now open, valid through to 31 Dec 2027.

- We have held prices steady for 2 years, however increased costs and OA registration fees mean we have had to increase the full membership fee for 2027 from $50 to $60 and the junior fee from $10 to $12.
- The Rural & Remote discount will no longer be available as it is no longer supported by Orienteering Australia. OQ pays full state registration fees for all adult members, irrespective of location. And over recent years, orienteering activities have expanded in areas west of the Dividing Range, delivering value for members there.
- Despite the above changes, orienteering remains one of the most affordable family sports in Queensland!

Information & New Members: https://oq.orienteering.asn.au/membership

Renewal: (1) Log in to Eventor; (2) select My pages, My memberships, (3) select "Renew" next to your 2026 club membership.

- If you have family members, use the “Add/renew membership of another person” option to include them as well before making payment.

Membership fees for 2027:

Member 21 yrs+: $60

Member 20 yrs & under: $12

50% student discount 21-24 yrs: $30

FIRST AID TRAINING OR UPDATING - REGISTER INTEREST NOW



OQ is offering its members a fully sponsored CPR or First Aid Course (with Asthma & Anaphylaxis if desired). **Please note that this opportunity is for members who volunteer at events only, as places are limited due to budget constraints.**

The **Brisbane courses** will be run by CBD First Aid Training located in Queen Street Mall: Suite 14, Level 4, 180 Queen Street.

Many dates are offered for the various courses. Go to First Aid CPR Courses | First Aid Certification in Brisbane to select a date.

- **Full First Aid including CPR:** Offered Tues to Sat 8:30-11:30am or 12:30-3:30pm (First Aid valid for 3 years)

If you wish to include **Anaphylaxis and Asthma Training** (as well as CPR and Full First Aid), this course is **only** run on Fri and Sat from 8:30am - 12:00pm.
Please note: there is a homework component required prior to each course (CPR ~1hr or Full First Aid Course ~3hr).

If you are interested in attending one of the courses, please email Linda **ASAP** including your **full name, address, unique email address, phone number**, **date of birth, which course type** you want to attend and on **which date in November or early December** do you wish to attend.

Payment by OQ is upfront so **no cancellations please**.
This course is made possible through a Grant.

Courses are also offered in **Toowoomba for our Darling Downs** members. The venue and times are to be confirmed.
OQ will also fully sponsor members in other **regional areas** to do an equivalent CPR or First Aid Course (with Asthma & Anaphylaxis if available). Please contact Linda if you wish to do this.

JUNIORS - USE YOUR $200 PLAY ON! VOUCHER FOR MEMBERSHIP + EVENTS 2027

You can use your **$200 Qld Government** [PLAY ON! Sports Voucher] for one of the 2027 Membership Packages below.
Vouchers are open to all Queensland juniors aged 5-17.

QLD MEMBERSHIP + EVENTS PACKAGES 2027





2027 Packages are open to ALL JUNIORS born 2007 or later.

- *If you have a Play On! voucher, you can redeem it by emailing the relevant Treasurer*
- *If you don't have a voucher (too young, too old, already used it, etc), you can still purchase a package for $200 by emailing the Treasurer and requesting an invoice.*

OQ Membership Package - $200

- OQ Junior Membership + Membership of your choice of Qld club
- entry to all 12 OY events, including Qld Champs
- entry to Regional All Schools events (incorporating selection trials for the Regional Schools Teams)
- entry to Queensland Schools Orienteering Championships
- $50 credit toward training camps

Email - treasurer@oq.asn.au

Enoggeroos Membership Package - $200

- OQ Junior Membership + Membership of Enoggeroos club
- entry to all Enoggeroos club events
- entry to 1 OY event
- entry to Brisbane All Schools Orienteering (incorporating selection trials for the Brisbane Schools Team)
- entry to Queensland Schools Orienteering Championships

Email – membership@enoggeroos.com.au

Great value!

OA WORKSHOP #3 - PERFORMANCE & COACHING

Orienteering Australia is facilitating a series of workshops based on the orienteering strategic pillars. This is a great chance to hear updates about the projects OA is working on and engage with questions and discussions.

Workshop #3 - Performance & Coaching
Monday 30th November 2026 - 7:30pm EADT
Join Zoom Meeting
https://us06web.zoom.us/j/89859446621?pwd=mHKXMkP30gnEjWSB2p9yhIka552F0M.1

All interested orienteers are welcome to participate in the workshop. Should any voting be required, each State/Territory will be asked to nominate one voting participant.
Full agendas and workshop resources will be added here during the week before the workshop.

UGLY GULLY END-OF-YEAR BREAK-UP + MAPRUN EVENT



Come along for a fun, friendly run, jog, or walk in the park!
Come for a brisk afternoon workout, a family outing, or a casual stroll.
This is a BCC sponsored MapRun event with flags.

- **When:** Sunday, 13 December 2026
- Aim to start between **4:00 PM and 4:30 PM**
- **Where:** Rafting Ground Reserve, Moggill Rd, Brookfield
- **Organised by:** Ugly Gully Orienteers (Brisbane City Council Sponsored MapRun)

More information and registration at https://eventor.orienteering.asn.au/Events/Show/23553

ELITE CHAMPS TEAM LEADER POSITIONS: APPLY NOW



Orienteering Australia is seeking volunteers to fill Head coach position for JWOC and Team Leader positions for World Cups 1, 2, 3 & 4 and Bushrangers KB weekend NZ. Applications must be submitted by **Sunday 17th January 2027**.

JWOC12-17 JulyCzechia, Dolny Śląsk, PolandLong, Middle, Relay

Bushrangers Kings Birthday Weekend	5-7 June	NZ	Sprint, Middle, Long and Forest
World Cup 1	3-6 June	Sweden, Hälsingland	Long, Middle, Relay
World Cup 2	3-6 July	Czechia, Česká Třebová	Long, Middle, Relay
World Cup 3	1-3 October	Switzerland , Thun	Sprint/Sprint Relay/Knockout
World Cup 4	30-31 October	Spain, Tarragona	Sprint Relay/Sprint

Further details of the events can be found at eventor.orienteering.org. JWOC, World Cup and Bushrangers Team leaders will have part of their travel costs covered by OA (amount to be confirmed). More information in the Position description.

Applicants must be able to demonstrate an understanding of appropriate behaviours when engaging with children, Orienteering Australia is committed to protecting children from harm. We require all

Johansson hpadmin@orienteering.asn.au by Sunday 17th January 2027, details of which event(s) and a brief outline of your experience or qualifications. Fredrik can provide more information on the roles and specific requirements.

AGED 12 TO 25? HAVE YOUR SAY



The Australian Government Office for Youth wants to hear from young people aged 12 to 25 about the issues that matter most to them, and how government should include young people in its decisions. The results will shape a new national Youth Strategy. Clubs, please share this with your juniors and younger members.

Find the National Youth Survey at youth.gov.au



Photo: Aliaksei Lepik

For orienteers, a compass is one of the most trusted pieces of equipment we carry. It needs no battery, works in all weather conditions, and can guide us when GPS signals fail or landmarks disappear. But how does this simple instrument always know where north is?

The secret lies in Earth itself. More than 2,000 years ago, the Chinese discovered that naturally magnetic rocks, called lodestones, would align in a north-south direction when allowed to move freely. Modern compasses use a magnetised needle instead, but the principle remains the same.

Earth acts like a giant magnet. Deep beneath the surface, electrically conducting liquid metals circulate within the outer core. Combined with the planet's rotation, these movements generate a vast magnetic field surrounding Earth, known as the magnetosphere.

A compass needle is mounted on a low-friction pivot so it can respond to this magnetic field. The needle aligns itself with Earth's magnetic north-south direction, helping us determine our bearings on the map. However, nearby metal objects, magnets, phones and other electronic devices can create local magnetic fields that may cause the needle to deviate slightly.

Interestingly, a compass does not point exactly to the geographic North Pole. Instead, it aligns with Earth's magnetic field, whose magnetic poles are located near, but not precisely at, the geographic poles. These magnetic poles also move gradually over time.

protects Earth from harmful charged particles streaming from the Sun. Every time we take a bearing, we're relying on one of the planet's most remarkable natural phenomena.

This article is summarised from an article by Emma Brown, CQUniversity Australia, published in The Conversation. Read the full article here.

LAST WEEK'S NEWS ARTICLES BELOW

CYCLONES CO-ORDINATOR 2027

Seeking a Cyclone or interested orienteer to take on the role of Cyclones Coordinator for 2027.
A modest honorarium is paid to the coordinator.
Find out more here

QLD SCHOOLS TEAM SELECTION POLICY



Representing Queensland at the Australian Schools Orienteering Championships is the highlight of the year for many school-aged orienteers.
The selection policy is reviewed and updated every year.

Please see the For Teachers and Students page of the OQ website for the 2027 policy.

MEMBER PROTECTION INFORMATION OFFICER




A big thank you to **James Mitchell**, who has filled the role of Member Protection Information Officer (MPIO), for many years now, in addition to his many other volunteering roles for Mid-Week, Ugly Gully, and for State and National events).

James is handing over the role to **Linda Burridge**, who is also our Blue Card coordinator (in addition to Admin Officer and managing the weekly Bulletin!). Thank you Linda!

The MPIO is the first point of contact for concerns concerns or questions about harassment, abuse, child safeguarding, or unfair behaviour. As of next week, the MPIO will have a new email address: integrity@oq.asn.au

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LET'S NAVIGATE FOR NATURE - AUSTRALIA'S BIGGEST BUSHWALK



Calling All Queensland Orienteers & Clubs: Let's Navigate for Nature!

As orienteers, we know our way around the bush better than anyone. This May, let's put our navigation skills and love for the outdoors to work for an incredible cause!

All OQ clubs, teams, and families are invited to join **Australia's Biggest Bushwalk** (1–31 May 2027) to clock up some kilometres, enjoy the trails, and help protect the incredible wild places we train and compete in.

In 2026, thousands of participants walked tens of thousands of kilometres, raising over **$600,000** to support the **Australian Conservation Foundation (ACF)** in their vital work to protect over 2,000 threatened species, stop deforestation, and advocate for our climate.

In May 2027, let's show Australia what the orienteering community can do!

Why You Should Get Involved:

most kilometres or raise the most funds?

- **Unbeatable Wellbeing:** It's the perfect excuse to spend even more time outdoors, supporting the mental and physical health of your members as we prep for the winter event season.
- **Real Local Impact:** Show the wider community how orienteers are actively contributing to protecting the very bushlands, forests, and outdoor spaces we rely on for our sport.

How It Works (It's Simple & Flexible):

1. **Register Your Team:** Sign up your whole club, or create multiple small teams (juniors vs. seniors, anyone?).
2. **Fundraise Your Way:** Raise funds to protect nature and unlock **epic milestone rewards and exclusive challenge gear** for your team as you go!
3. **Walk, Jog, or Navigate Anywhere:** You don't need to change your routine—just count the kilometres you're already doing on your weekend courses, training nights, or social bushwalks throughout the month of May.

Getting your club registered is quick and easy. **Sign up or learn more today:** australiasbiggestbushwalk.org.au | **Call:** 1800 223 669 | **Email:** fundraise@acf.org.au

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AIS MODULES - THE SCIENCE BEHIND ATHLETE DEVELOPMENT

The Australian Institute of Sport (AIS) has released two online learning resources—Physiology Unpacked and Growth and Maturation in Youth Sport—designed to translate sports science into practical applications for long-term athlete development. While applicable across all sports, these modules are exceptionally valuable for the orienteering community, helping coaches, parents, and athletes navigate endurance training, physical growth, and physiological demands.

Why It Matters for Orienteering

- **Endurance and Adaptation:** Physiology Unpacked features five modules exploring how training creates physiological adaptation, core training principles, and the specific demands of endurance sports. For orienteers—who must balance aerobic capacity, anaerobic bursts, and sustained cognitive focus over rugged terrain—understanding these foundational principles helps optimize training loads and recovery strategies.
- **Youth Development and Growth:** Navigating growth spurts is critical in junior orienteering, where physical maturation heavily influences performance and injury risk. Developed in collaboration with the University of Sydney, Growth and Maturation in Youth Sport introduces three modules to help coaches and parents tailor training environments to young athletes' changing bodies.

blocks for long-term sporting success.

Whether you are developing junior navigators or fine-tuning your own physical preparation, these evidence-informed resources bridge the gap between complex sports science and everyday training decisions.

You can access both resources directly through the AIS learning centre.

ARE YOU PLANNING AN EVENT THIS YEAR?



Are you involved in planning an event this year?

Course setting?, Controlling? Event Organiser?

Please take advantage of the resources available. In particular, check the Event Guide and the Course Guidelines at

and the **Risk Management guide** at

- Safety & Emergency

When putting out controls, please use MapRun CheckSites to check the control is in the right place.
Questions? Please ask Dylan at technical@oq.asn.au

2027 Date Savers

QLD Foot Events 2027	
Date	**Major Events 2027**
28 Feb	OY1 Sprint + OQ AGM - UQ Gatton
14 Mar	OY2 Long – Rosenthal Ck, Stanthorpe
26-29 Mar	Easter 3 Days - NSW
24 Apr	OY3 **QLD Sprint Champs** – Sheldon College
25 Apr	OY4 Long - Karawatha
26 Apr	Relay – Belmont Hills
1-3 May	Skill Development - Bigges Hill, Wivenhoe
23 May	OY5 Middle – Toohey Forest
6 June	OY6 Long – Samford Forest

20 June	OY8 Long - Blackbutt
9-11 July	Junior Camp
24-25 July	QLD Schools Champs - Maryborough
7 Aug	OY9 Middle - Alfred the Great, Caloundra
8 Aug	OY10 Sprint - Caloundra
28 Aug	OY11 **QLD Long Champs** – Stanthorpe
29 Aug	OY12 **QLD Long Champs** – Stanthorpe
2 -19 Oct	Aus Champs + ASOC – South Australia
24 Oct	Club Relays – Crows Nest + Skill Development (23 Oct)

QLD MTBO Events 2026	
Date	Major Events 2026

Contact Details

Please use the email addresses below to contact OQ Personnel:

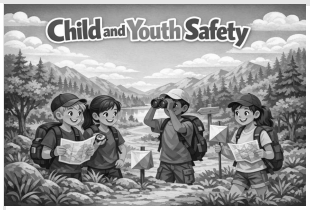
admin@oq.asn.au (Linda Burridge)

membership@oq.asn.au (Liz Ferguson)

bulletin@oq.asn.au (Linda Burridge)

website@oq.asn.au (Rob Crosato)

Last bulletin submissions to be received by 8pm each Tuesday.



Child and Youth Safety

Orienteering Queensland is committed to Child Safety and to implementing the National Child Safety Standards.

Queensland Government

Orienteering Queensland gratefully acknowledges the financial support of the Queensland Government, enabling Queenslanders to participate in sport and recreation activities.

Our mailing address is:
PO Box 275, Ferny Hills DC, QLD 4055

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