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UPCOMING EVENTS

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- Sun 17 May - [Map Run Parks - Biambi Yumba Park, FIG TREE POCKET](#)
- Sun 17 May - [Charlies Paddock, 11km north of Dalveen](#)
- Tues 19 May - [Night Nav - Term 2 - Event #4 - RAINWORTH](#)
- Tues 19 May - [Night Nav - Bok Beach](#)
- Thurs 21 May - [Blunder Creek, Bush, Doolandella](#)
- Sat 23 May - [EN Learn to Orienteer Term 2 Series - Bray Park SHS](#)
- Sat 23 May - [Map Run Parks - Gold Coast - Event #6 23rd May, Country Paradise Park, Nerang](#)
- Sun 24 May - [Bush Orienteering at Nerang National Park](#)
- Sun 24 May - [MapRun Parks - Please come along to Mt Cootha Event](#)
- Sun 24 May - [Mt Cootha - Grey Gum BCC Sponsored Event](#)
- Tues 26 May - [Reconciliation Action Plan open meeting](#)
- Tues 26 May - [Night Nav - Term 2 - Event #5 - YERONGA](#)
- Wed 27 May - [TTOC Sport Ident Park Series Wk1 - Anderson Gardens](#)

See the [Eventor listing](#) for more details.

LEVEL 1 FOOT-O CONTROLLER WORKSHOP - TONIGHT



OQ is holding a Level 1 FootO Controller Workshop tonight (**Wednesday 13 May**). This workshop will be run **online** so regional and remote members can access this training opportunity.

Controllers play a vital behind-the-scenes role in ensuring the quality, safety and technical standards of orienteering events. Their work helps deliver fair courses, enjoyable competition and positive experiences for all participants.

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Dylan: technical@oq.asn.au.

Enter here: <https://eventor.orienteering.asn.au/Events/Show/24221>

BRISBANE FOREST SERIES - GREY GUMS, MT COOT-THA



Join us for our next event in the Brisbane Forest Series.
Sunday 24 May at Grey Gums, Mt Coot-Tha

This is a BCC sponsored Come and Try Orienteering Event, so bring your family and friends!
Try bush orienteering at its best in classic spur-gully terrain.
Meeting Point: Grey Gums Picnic Area, Mt Coot-Tha

Courses for everyone, from beginner to experienced.

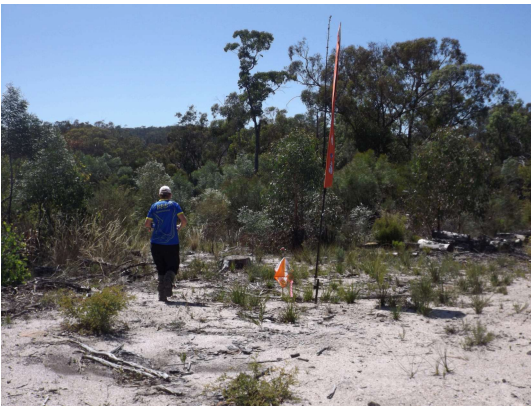
- Easy - 2.0km - 80m climb
- Moderate - 2.0km - 165m climb
- Short Hard - 2.3km - 175m climb
- Medium Hard - 3.4km - 255m climb
- Long Hard - 4.4km - 320m climb

Only \$5 entry fee for individuals or \$12 for the whole family.
Enter on the day is available.

More information and registration at <https://eventor.orienteering.asn.au/Events/Show/22373>

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BUSH ORIENTEERING AT CHARLIE'S Paddock



All are welcome to a fabulous bush orienteering event at Charlie's Paddock, 11km north of Dalveen.

Sunday 17 May, with starts from 9-11am

Courses available: Hard 1 -6.2km, Hard 2 - 4.7km, Hard 3 - 3.2km, Moderate 1 - 3.5km, Moderate 2 - 2.4km, Easy - 2.5km, Very Easy - 1.9km

Cost: Members - Adults \$12; Juniors \$ 8 ; Families \$30; Non-members - Adults \$15; Juniors \$ 10 ; Families \$35; Beginners \$5. Pay by cash or card on the day or via EFT

More information and registration at <https://eventor.orienteering.asn.au/Events/Show/23998>

SAVE THE DATE - OY 6 AT WIVENHOE - 31 MAY

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Save the date for the next OY event!

Sunday May 31 at Wivenhoe

Starts from 9:30am

Courses available: Hard 1, Hard 2, Hard 3, Hard 4, Hard 5, Moderate 1, Moderate 2, Easy, Very Easy

Students wishing to use this OY as a selection race for the Qld Schools Team should run the following classes in this event:

Senior Boys – Hard 2

Senior Girls - Hard 3

Junior Boys (15yrs and under by 31 Dec) – Moderate 1 or Hard 4

Junior Girls (15yrs and under by 31 Dec) - Moderate 2 or Hard 4

More information and registration at <https://eventor.orienteering.asn.au/Events/Show/23210>

MAPRUN PARKS GOLD COAST - COUNTRY PARADISE PARK, NERANG



Photo: [Country Paradise Park](#)

All welcome to a MapRun Score event around Country Paradise Park, Nerang

Saturday 23 May from 3:30pm

All ages and fitness levels are welcome.

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Compete solo or bring your friends and family for a group adventure!

Most routes are wheelchair and stroller friendly.

More information and registration at <https://eventor.orienteering.asn.au/Events/Show/23603>

RESOURCES FOR CLUBS - SPORT HQ



[Sport HQ](#) is a free online hub supporting organisations, athletes, coaches and volunteers across the state.

These latest resources have been developed to support:

- athlete pathways, from grassroots through to elite sport
- increased participation and club growth
- inclusion and accessibility, including disability sport pathways
- stronger connections between clubs, schools and communities.

Sport HQ offers practical, easy-to-use tools, templates and webinars designed to help clubs address real challenges and build sustainable, thriving sporting environments.

Here is a promotional toolkit with ready-to-use content for clubs [Sport HQ promo kit](#) which includes social media posts, newsletter content and key messaging.

By working together, we can ensure clubs, volunteers and athletes across Queensland have the support they need to grow, succeed and stay connected to sport.

If you have any questions or issues, we're here to help — reach out to our team on 13 QGOV (13 74 68) or email sporthq@sport.qld.gov.au.

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Find Your Way – Discover the Thrill of Orienteering!
Are you ready to turn a map into an adventure?

Join the Enoggeroos **Learn to Orienteer** series and unlock the skills to navigate like a pro!

- **Perfect for beginners** – no experience needed
- **Boost your confidence** in reading maps and finding checkpoints
- **Fun, active, and outdoors** – explore nature while learning

Whether you're new to orienteering or want to sharpen your skills, this is your chance to **learn, improve, and enjoy the challenge!**

When & Where: Saturdays at 2:30pm

23 May - [Bray Park SHS](#)

31 May - [Mungara Lakes](#)

6 June - [Hillbrook Anglican College](#)

13 June - [Bowman Park, Everton Hills](#)

20 June - [Old Petrie Town](#)

Hard, Moderate, Easy and Very Easy courses available

Adventure starts here – are you ready to find your way?

MIDWEEK ORIENTEERING - HAIG STREET QUARRY



This week's Mid-Week Orienteering event will be on Thursday 14 May at Haig Street Quarry.

This is a bush event using control flags, not Maprun

Starts between 10:00am and 10:30am.

Start Location: Proceed into the park and drive to the end of the road (right fork).

Courses: Long 3.3km, 120m; Medium 2.3km, 100m; Short 1.3km 50m; Short Leisurely 0.7km

Fees: Members \$6, Casual \$8, Family/Group \$12. Cash only.

Please pre enter to guarantee a map.

Pre-enter here: <https://eventor.orienteering.asn.au/Events/Show/23895>

Pre-entry closes at 11pm on Wednesday prior.

All welcome!

SOUTH EAST QUEENSLAND NIGHT NAV EVENTS



This week's Night Nav events in South East Queensland are:

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Sunshine Coast | Tues 19 May | Starts 6:00 - 6:30pm | [Bok Beach](#)

Brisbane Westside: 40 minute Score Events. Courses closes at 7.15pm

No need for prior registration, just come along.

Sunshine Coast: 40 and 60 minute Score Events. Courses closes at 7.30pm

Use the App and a Map to run, jog or walk through local parks and streets in the cool of the evening.

Download the latest version of MapRun on your smartphone before you arrive.

All ages and fitness levels catered for. Compete individually or participate in a group.

Children under 14 must be accompanied by an adult. Bring a small torch or head lamp.

Brisbane Westside: Member \$7; family max \$15 | Non-members \$9 | 'Tap & go' payment preferred.

Sunshine Coast: Member \$6 per map | Non-member \$10 per phone | Pre-enter via Eventor or email by midday Tuesday to receive a colour map

MAPRUN PARKS SERIES - BIAMBI YUMBA PARK, FTP



This week's MapRun Parks Series event will be at Biambi Yumba Park, Fig Tree Pocket on Sun 17 May.

The start/finish location: Biambi Yumba Park, corner of Fig Tree Pocket Rd and Ormsby Street, Fig Tree Pocket

Starts from 3:30pm.

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More information: <https://eventor.orienteering.asn.au/Events/Show/23876>

All ages and fitness levels are catered for. Go individually or in a group.

Children 14yo and younger must be accompanied by an adult.

Prices (Member/Non-Member): \$7 per phone / \$9 per phone. 'Tap & go' payment preferred.

RUN FASTER WITH LONG RUNS



Training Focus: Why Slowing Down Could Be Your Secret to Speed

If you're chasing a new PB, the answer might not be more track sessions—it could be longer, slower runs.

According to running experts, building speed starts with building distance. Increasing your weekly mileage—especially your long run—helps create the aerobic engine needed to maintain faster paces on race day.

So how does running longer actually make you quicker?

First, long runs improve your body's ability to deliver oxygen to working muscles by increasing capillary density. That means more efficient oxygen flow and less fatigue when the pace lifts.

They also boost your mitochondria—the “power plants” of your cells—helping you generate energy more efficiently. Over time, your body becomes better at burning fat for fuel, preserving valuable glycogen for when you need to push harder.

But the gains aren't just physical. Long runs build mental resilience and teach pacing discipline—key ingredients for strong finishes on race day.

The key takeaway? Don't rush your long runs. Keeping them slow and steady allows your body to adapt, recover, and ultimately perform better. Counterintuitive as it sounds, easing off the pace now could be exactly what helps you surge later.

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World. You can access the full article here. [How Long-Distance Runners Can Get Faster](#)

LAST WEEK'S NEWS ARTICLES BELOW

2026 KB111 ENTRIES OPEN AND BULLETIN 1 PUBLISHED



KB111 is being held in the Lithgow region from 6-8 June.

KBIII comprises three separate orienteering events run on consecutive days over the King's Birthday long weekend.

- Day 1 – Sat 6 June | Baal Bone Junction | 20 minutes NW of Lithgow | Middle Distance Event
- Day 2 - Sun 7 June | Lidsdale State Forest | 15 minutes NW of Lithgow | Long Distance
- Day 3 – Mon 8 Jun | Rydal Showground |Market Street, Rydal | Short Distance

Each event is an NSW State League event, with the Long Distance also being a badge event.

Overall results for KBIII will be determined on cumulative time across the three events.

See [here](#) to enter or for more details on KB111 including [Bulletin 1](#).

OA LEVEL 3 CONTROLLER WORKSHOP - 30 MAY

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There will be an Orienteering Australia Level 3 controller workshop in Canberra on Saturday 30 May. While this is primarily aimed at ACT and NSW controllers it is open to controllers from around Australia:

- Current (or lapsed) Level 3 controllers wishing to renew their accreditation
- Level 2 controllers who are interested in upgrading to Level 3, either now or at some point in the future

Attendance at a workshop is a requirement for Level 3 accreditation or reaccreditation.

Further details are available on Eventor at <https://eventor.orienteering.asn.au/Events/Show/24111>. Registration for the workshop should also be done through Eventor.

There is an ACT League event at Wee Jasper on Sunday 31 May.

Further inquiries should be made to Blair Trewin at blairt@orienteering.asn.au

QLD CHAMPS REPORT



It was a full weekend of competition across four events for the 2026 Queensland Championships.

- Saturday 2 May PM: QLD Sprint Champs — Pine Rivers SHS
- Sunday 3 May AM: QLD Long Champs Day 1 — “The Bowlings' Backyard” (Samford Conservation Park)

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Park)

QLD Sprint Champs Results:

Elite Winners: W20A Cassy Reinbott, W21A Caroline Pigerre, M20A Alex Vanzella, M21A Blake Reinbott

Closest result: W16A Shari Gilbert just held off Maggie O'Dea by 13 seconds

Full [results here](#).

**QLD Long Distance Champs Day 1 Results:**

Elite Winners: W20A Grace Jardine, W21A Caroline Pigerre, M20A Alex Vanzella, M21A William Barnes

Most competitors per age group: M45A: 13 orienteers

Closest result: M55A: Tim McIntyre just held off Dave Edwards by 38 seconds

Full [results here](#).

QLD Long Distance Champs Day 2 Results:

Elite Winners: W20A Grace Jardine, W21A Caroline Pigerre, M20A Alex Vanzella, M21A William Barnes

Closest age group margin: M55A with only 21 minutes separating all 8 runners.

Closest result: M55A: Tim McIntyre just held off Lance Read by 32 seconds

Full [results here](#).

Overall [results here](#).

Congratulations to William Barnes (RROC) for winning the James Sheldon Memorial Trophy for winning the Men's 21 Elite class and to Caroline Pigerre for winning the Women's 21 Elite class trophy (both pictured with their trophies at the bottom of the article).

The prestigious Perseverance Cup had many contenders vying for the honour of getting the most value for their money over the weekend. The final hour going to Alex Crowe with Chase Deurloo close on his tail, with only 5 minutes difference separating them.

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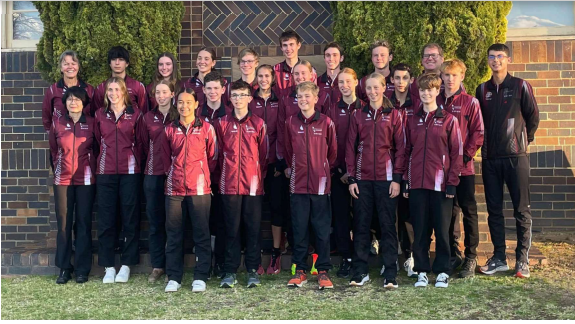


A huge thank you to the Enoggerroos Club for putting on a wonderful long weekend of competition. A particular mention to Tony and Dylan Bryant for their enormous efforts in making the events happen. Tony amongst many other jobs over the weekend and before, was putting out the remaining controls for the Long Distance Events at 3am in the morning, having finished putting the first lot of controls out at 11:30pm. Dylan and Tony were also controllers for both Long Distance events and Dylan organised the Trail-O event on the Sunday. Thank you both for your dedication and commitment.

A special presentation was made to long time Enoggeroo members **Jim and Rhonda Bowling**. Both were stalwarts within Enoggerroos for many, many years. As a mark of respect to their enormous contribution to our sport for Enoggerroos and Orienteering Queensland, the Day 1 map was named Bowlings' Backyard. This map almost borders their backyard and it was quite fitting to have some steep, tough courses. Just how Jim would like it. A small presentation of a framed Day 1 map was made. So from the orienteering community, to Jim & Rhonda, thankyou for all you have done.



QLD SCHOOLS CHAMPS 2026 CHANGED TO CROWS NEST

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Due to the ongoing uncertainty over fuel availability, it has been decided to move the Qld Schools Orienteering Championships (QSOC) to Crows Nest (Toowoomba region), which is more central to participants, instead of Maryborough.

More information will be available on Eventor once land permissions have been finalised.

QSOC 25-26 July 2026

3 races: Mass start, Sprint, Long Distance.

HISTORY ASSOCIATED WITH SAMFORD AREA - QLD CHAMPS LONG



The 1947 Camp Mountain Rail Disaster

Thank you to the Bryant family and Enoggeroos for a great weekend of orienteering. The second day of the Long Distance event was held using the Rail Trail to Samford which has a major historical significance in rail history. This is still Queensland's worst rail accident involving loss of life.

Three separate picnic trains left Brisbane Central Station on Labour Day in 1947 (almost exactly 73 years ago), two from local churches and the middle train from the Customs Department. This second train went over the "divide" from Ferny Grove and then took the slope down from the top towards Samford. There was a relatively straight downhill section culminating in a major bend to the left. The train came off the rails here with its tender and most of the carriages, leading to 16 people losing their

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up the slope with red flags and positioning small detonators on the line, signalling an immediate stop for the third train. This would have avoided further disaster.

There is a small plaque at the actual site of the rail crash, now a paved road and adjacent to 91 Maclean Road South. You can clearly see the terrain, embankment and long curve where the accident happened. In those days, there were no phone contacts and local farmers were alerted and initially helped, a long while before the authorities were involved.

There is a much more detailed summary in Wikipedia at https://en.wikipedia.org/wiki/Camp_Mountain_rail_accident for anyone that is interested further. Thank you to Chris Spriggs (Ugly Gully) for writing and sharing this article.

AUS MTBO CHAMPS ENTRIES NOW OPEN



Entries are now open on Eventor for the **Australian MTBO Championships** plus an updated Bulletin 1.

The program for the Championships is as follows:

- **Warm-up and Vic Schools Championship** (8 October 2026) – A chance to shake off the cobwebs and catch up with friends at the Bostock Reservoir, nearby pines and Bungal State Forest with a 75 minute score event.
- **Mass start** (9 October 2026) – Fast and competitive racing on the intricate network of tracks around Woowookarrung (Canadian Forest) in Ballarat. Who will cross the line first?
- **Middle distance** (10 October 2026) – Based around 60 kilometres of new tracks built for the cancelled Melbourne Commonwealth Games, this is a new map on the old St Georges Lake area at Creswick. This will be a chance to enjoy some new world class purpose built trails.

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fields and forests.

- **Long distance** (11 October 2026) – This will be a new map combining the Monte Cristo, Nerrina and Creswick Forest maps. Enjoy the challenge of long legs combined with some of the most complex track networks imaginable.

Get your entries in now and don't forget to book your accommodation

[Enter 2026 AUS MTBO CHAMPS here](#)

SILVA MEDAL 2026 - PROGRESS AFTER 3 EVENTS

Top Silva Medallists

Name	Club	Age	Class	Score	WM	# wins	23126	23127	23128
Louise Fairfax	AL T	W75A	12	95.33	3	(4, 20.78)	(4, 25.52)	(4, 49.03)	
Alex Tarr	YV V	M80A	12	58.06	3	(4, 6.19)	(4, 35.45)	(4, 16.41)	
Ivy Rapley	EV T	W16A	12	43.57	3	(4, 9.37)	(4, 22.61)	(4, 11.59)	
Louis Elson	AL T	M35A	12	36.89	3	(4, 3.47)	(4, 22.09)	(4, 11.32)	
Edwin Rapley	EV T	M18A	12	25.98	3	(4, 6.25)	(4, 13.42)	(4, 6.31)	
Martin Dent	RR A	M45A	12	25.79	3	(4, 7.33)	(4, 6.48)	(4, 11.99)	
Jennifer Enderby	NC N	W55A	11	41.14	2	(4, 15.49)	(4, 25.65)	(3,)	
Jenny Hawkins	NT N	W80A	11	17.58	2	(3,)	(4, 7.33)	(4, 10.25)	
Shannon Jones	AO A	W45A	11	5.09	2	(4, 0.60)	(3,)	(4, 4.48)	
Cooper Horley	ST N	M20E	11	3.20	2	(4, 3.08)	(3,)	(4, 0.12)	
Katie Clauson	AL T	W18A	10	30.19	2	(4, 11.35)	(2,)	(4, 18.84)	
Jeff Dunn	AL T	M70A	10	26.28	2	(4, 23.18)	(2,)	(4, 3.10)	
Chris Brown	EV T	W65A	10	11.79	2	(4, 5.15)	(4, 6.64)	(2,)	
Anna Sheldon	UG Q	W45A	10	10.51	1	(3,)	(4, 10.51)	(3,)	
Bruce Arthur	MF V	M50A	10	9.16	1	(4, 9.16)	(3,)	(3,)	
Sue Hancock	SH T	W60A	10	5.85	2	(2,)	(4, 1.76)	(4, 4.09)	
Greg Barbour	BF N	M60A	10	2.59	1	(3,)	(3,)	(4, 2.59)	
Hilary Wood	CC N	W70A	10	2.18	1	(3,)	(3,)	(4, 2.18)	
Eddie Wymer	BK V	M55A	10	0.05	1	(3,)	(4, 0.05)	(3,)	

Click on the image to enlarge it.

The Silva Medal is awarded to the Australian orienteer who best performs relative to their class in specified events.

Points are awarded for Days 1, 2 and 3 of the Australian 3-Days Championship; the Australian Championships, Oceania Championships, and Asia Pacific Championships (Sprint, Middle and Long) (when conducted in Australia); and any State Championship conducted at the carnivals above as follows: 1st – 4 points, 2nd – 3 points, 3rd – 2 points, for otherwise finishing 1 point.

The Silva Medal winner is the orienteer with the maximum number of points accumulated from their best 6 events. In the event of a tie, the Silva Medal will be determined by a count back using the average of the six best winning margins.

After 3 events OTAS's Louise Fairfax (W75) is leading in the race for the Silva Medal on a countback of average winning margins.

Anna Sheldon is Queensland's top performer on 10 points and 14th position. Congratulations Anna!

Following the Australian Championships at Easter, the remaining 3 relevant events are:

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Sun 04 October, Oceania Sprint Championships, ANU South, Australian National University

After 3 events, the 6 orienteers listed above in Green have amassed 12 points are the only orienteers who can obtain maximum points from the 6 events. Winning margins will be crucial in determining the winner of the Silva Medal.

Thanks to Darryl Erbacher (Orienteering Australia Statistician) and the Australian Orienteer for the content.

2026 WORLD CUP ROUND 2 TEAM SELECTION



Orienteering World Cup continues with [Round 2](#) held in Sweden from 28-31 May 2026.

World Cup round 2 will take place in the twin host cities of Skara and Lidköping in Sweden. Athletes will face varied urban environments, from intricate town centers to park areas, where small mistakes can be decisive and route choice is key throughout all stages. In round 2, athletes will compete a Knock-Out Sprint in Lidköping (28 May), Sprint (30 May) and Sprint Relay (31 May) in Skara.

The following athletes will be competing for Australia:

Women: Kate Braid (WA), Zoe Carter (SA), Erika Enderby (NSW), Milla Key (VIC), Katherine Maundrell (ACT), **Heather Muir (QLD)**, Maggie Mackay (NSW), Liana Stubbs (TAS)

Men: Euan Best (TAS), Alvin Craig (NSW), Angus Haines (SA), Cooper Horley (NSW), Aston Key (VIC), Henry McNulty (WA), Owen Radajewski (ACT), Kylian Wymer (VIC)

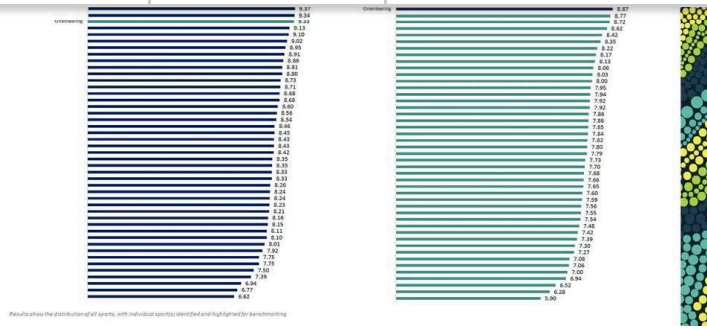
Team Leader: Aston Key (VIC)

GOOD NEWS FROM PLAYWELL SURVEY REPORT

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Here's an interesting survey result from the March 2026 Playwell report on sports participation. Orienteering comes up 2nd of all sports in Australia when it comes to Positive Experience, and 4th for Likelihood to Recommend (click on the graph to get more detail). Well done orienteering community - keep up the good work!

TRAIN YOUR BODY, UPGRADE YOUR BRAIN



Exercise doesn't just build muscle and fitness — it sharpens the mind. Queensland research from The University of Queensland Brain Institute shows that **high-intensity interval training (HIIT)** can significantly improve brain function, particularly in older adults.

In a six-month study of adults aged 65 to 85, participants who trained at high intensity three times a week recorded measurable improvements in **memory and learning**, linked to growth in the hippocampus — the brain's memory centre. Even more impressive, these cognitive gains were still present **five years later**, long after intensive training had stopped.

Lower-intensity exercise helped maintain brain health, but only high-intensity workouts delivered real improvement. The message is clear: the brain is trainable at any age.

As with any training program, expert guidance and medical advice are key — but when done safely, pushing the pace could help keep both body **and** mind match-fit for years to come.

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ARE YOU PLANNING AN EVENT THIS YEAR?



Are you involved in planning an event this year?

Course setting?, Controlling? Event Organiser?

Please take advantage of the resources available. In particular, check the **Event Guide** and the **Course Guidelines** at

- [Event Resources - Foot-O](#)
- [Event Resources - MTBO](#)

and the **Risk Management** guide at

- [Safety & Emergency](#)

[When putting out controls, please use MapRun CheckSites](#) to check the control is in the right place.

Questions? Please ask Dylan at technical@oq.asn.au

2026 Date Savers



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Date	Major Events 2026
2 May	OY3 QLD Sprint Champs – Pine Rivers SHS
3-4 May	OY4&5 QLD Long Champs – Samford
31 May	OY6 – Wivenhoe
14 June	OY7 – Mt Goolman
9-12 July	Junior Camp - Columboola
25-26 July	QLD Schools Champs - Crows Nest
9 Aug	OY8 – Marstaellar Rd Reserve (Middle)
22 Aug	OY9 (QLD Middle Champs) – Karawatha
23 Aug	OY10 – Prout Road (Long)
12 Sept	OY 11 – Toowoomba (Sprint)
13 Sept	OY12 – Leyburn (Long)



QLD MTBO Events 2026

Date	Major Events 2026
5 Apr	To be rescheduled
17 May	State Series 3
28 June	State Series 4
2 Aug	State Series 5 - Samford
19-20 Sept	State Series 6-8 QLD MTBO Champs
9-11 Oct	AUS MTBO Champs
25 Oct	State Series 9 - Peak Crossing

Contact Details

Please use the email addresses below to contact OQ Personnel:

admin@oq.asn.au (Linda Burridge)

membership@oq.asn.au (Liz Ferguson)

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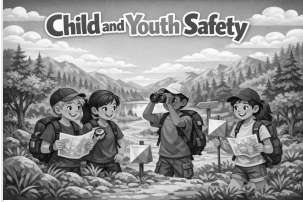
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bulletin@oq.asn.au (Linda Burridge)

website@oq.asn.au (Rob Crosato)

Last bulletin submissions to be received by 8pm each Tuesday.



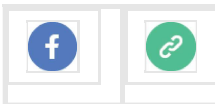
Child and Youth Safety.

Orienteering Queensland is committed to [Child Safety](#) and to implementing the National Child Safety Standards.



Queensland
Government

Orienteering Queensland gratefully acknowledges the financial support of the Queensland Government, enabling Queenslanders to participate in sport and recreation activities.



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