



# Come and try PARK ORIENTEERING

Ideal family activity : all welcome : suitable for all ages and abilities  
training available : compasses for hire : run for your life, or just a stroll

## Gold Coast Regional Botanic Gardens

Benowa, Gold Coast

Sunday 27<sup>th</sup> April 2014

starts 9am-11am

\$5-7 senior \$4-6 junior \$14-20 family

Photograph courtesy

Friends of the Gold Coast Regional Botanic Gardens



### What is Orienteering?

It's all about the map, not the compass! Orienteering is the sport of navigating in unknown terrain using a detailed map. Orienteering is an ideal family recreation - it gets you out of the house on a regular basis and our events are designed to cater for all ages and abilities.

**Gold Coast Regional Botanic Gardens**  
(Rosser Park)  
City of Gold Coast reserve  
27ha flat parkland & gardens  
230 Ashmore Rd  
Benowa 4217  
City of Gold Coast  
Brisway 768 J14  
UBD GC 38 N10  
-28.0089,153.3884

### What do I need to do?

Check online before setting off on the day.  
Bring your family between 08:30 and 10:30;  
wear sensible shoes and sun protection; bring  
water and a compass if you have one. If you  
are planning to bring a group, please let us  
know so that we can print extra maps.

*This is a low-key introductory event designed for novices and youngsters. It's nothing like that boring compass / pace counting exercise they made you do at school camp!*

### More Orienteering events (always check online)

4<sup>th</sup> May 2014 - Central Park, Pacific Pines - 1:3,000 Parkland courses and 1:15,000 Street courses

25<sup>th</sup> May 2014 - Nerang River Parklands - Parkland

Gold Coast event programme at [www.oq.asn.au/events](http://www.oq.asn.au/events) select Club = Paradise Lost, Year To = 2015

Learn about the Gold Coast's orienteering club [www.oq.asn.au/paradise-lost-orienteers](http://www.oq.asn.au/paradise-lost-orienteers)

Keep in touch [www.facebook.com/ParadiseLostOrienteers](https://www.facebook.com/ParadiseLostOrienteers)

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