



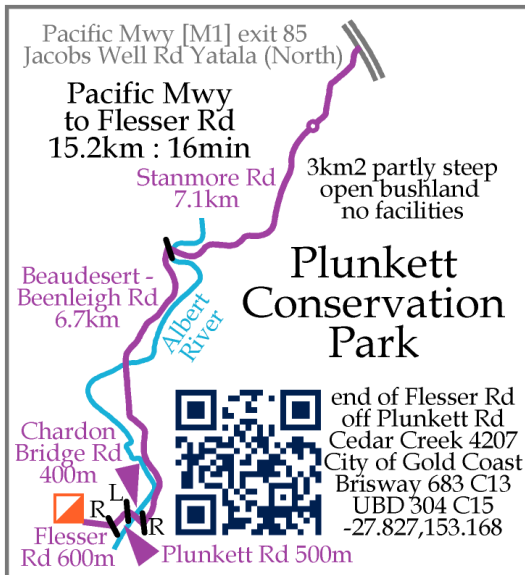
Come and try MID-WEEK BUSH ORIENTEERING

All welcome : training available : compasses for hire
run for your life, or just a stroll

Plunkett Conservation Park

Cedar Creek, Gold Coast
Thursday 1st May 2014
starts 12noon - 1pm

\$4 club members \$6 non-members



What is Orienteering?

It's all about the map, not the compass! Orienteering is the sport of navigating in unknown terrain using a detailed map.

What do I need to do?

Check online before setting off on the day. Arrive between 11:30 and 12:30; wear sturdy shoes; bring water and a compass if you have one. If you are planning to bring a group, please let us know so that we can print extra maps.

This event is generally intended for experienced orienteers. Guidance is available for novices.

More Orienteering events (always check online)

4th May 2014 - Central Park, Pacific Pines - 1:3,000 Parkland courses and 1:15,000 Street courses

25th May 2014 - Nerang River Parklands - Parkland

Gold Coast event programme at www.oq.asn.au/events select Club = Paradise Lost, Year To = 2015

Learn about the Gold Coast's orienteering club www.oq.asn.au/paradise-lost-orienteers

Keep in touch www.facebook.com/ParadiseLostOrienteers

Drop us a line paradiselost@oq.asn.au Call Mark 0404 50 99 24