

## come and try PARK ORIENTEERING

Ideal family activity: all welcome: suitable for all ages and abilities training available: compasses for hire: easy course for the very young

## Pizzey Park

Miami / Mermaid Waters Sunday 3<sup>rd</sup> August 2014 9am-11am

\$5-7 Adult \$4-6 Junior \$14-20 Family



## What is Orienteering?

It's all about the map, not the compass! Orienteering is the sport of navigating in unknown terrain using a detailed map. Orienteering is an ideal family recreation - it gets you out of the house on a regular basis and our events are designed to cater for all ages and abilities.

## What do I need to do?

Note the date, bring your family on the day between 08:30 and 10:30, wear sensible shoes and sunblock. Bring a compass if you have one, although compasses are not required for Park orienteering.



This is a low-key introductory event designed for novices and youngsters. It's nothing like that boring compass / pace counting exercise they made you do at school camp!

Gold Coast event programme at oq.asn.au/events (select Club = Paradise Lost Orienteers, Year To = 2014) Learn about the Gold Coast's orienteering club oq.asn.au/paradise-lost-orienteers Keep in touch facebook.com/ParadiseLostOrienteers

Keep in touch facebook.com/ParadiseLostOrienteers
Drop us a line paradiselost@oq.asn.au
Call Mark 0404 50 99 24