



Come and try

SUBURBAN ORIENTEERING

Ideal family activity : all welcome : suitable for all ages and abilities
Training available : compasses for hire : run for your life or just a stroll



Discovery Park, Discovery Drive
Helensvale

Northern Gold Coast
Sunday 16th March 2014
starts 9am-11am

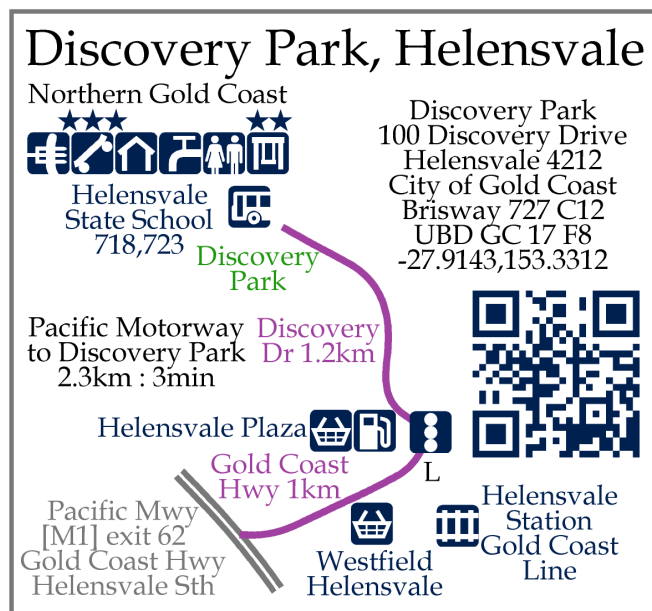
\$5-7 senior \$4-6 junior \$14-20 family

Orienteering is all about the map, not the compass!
Orienteering is the sport of navigating in unknown terrain using a detailed map. This event has short courses for youngsters in parkland and Helensvale State School plus long courses through streets, reserves and parkland throughout Helensvale.

MTB Option: you are welcome to ride the long course at this event on a suitable off-road bicycle.

What do I need to do?

Bring your family on the day between 08:30 and 10:30, wear sensible shoes and sun protection. Bring water and a compass if you have one. If you are planning to being a group, please let us know so that we can print extra maps.



*This is a street orienteering event plus easy parkland courses designed for youngsters.
It's nothing like that boring compass exercise they made you do at school camp!*

Gold Coast event programme at www.oq.asn.au/events select Club = Paradise Lost, Year To = 2015

Learn about the Gold Coast's orienteering club www.oq.asn.au/paradise-lost-orienteers

Keep in touch www.facebook.com/ParadiseLostOrienteers

Drop us a line paradiselost@oq.asn.au Call Mark 0404 50 99 24