

come and try ORIENTEERING

ideal family activity : all welcome : suitable for all ages and abilities
training available : compasses for hire : run for your life, or just a stroll

Discovery Park, Helensvale

North central Gold Coast
Sunday 17th August 2014
starts 9am-11am

\$5-7 adult \$4-6 junior \$14-20 family

What is Orienteering?

It's all about the map, not the compass. Orienteering is the sport of navigating in unknown terrain using a detailed map. Orienteering is an ideal family recreation - our events are designed to cater for all ages and abilities.



Discovery Park, Helensvale

Northern Gold Coast

Discovery Park
100 Discovery Drive
Helensvale 4212
City of Gold Coast
Brisway 727 C12
UBD GC 17 F8
-27.9143,153.3312

Helensvale State School
718,723

Discovery Park

Pacific Motorway to Discovery Park
2.3km : 3min

Discovery Dr 1.2km

Helensvale Plaza

Gold Coast Hwy 1km

Pacific Mwy [M1] exit 62
Gold Coast Hwy
Helensvale Sth

Westfield Helensvale

Helensvale Station
Gold Coast Line

What do I need to do?

Check online before setting off; arrive between 08:30 and 10:30; wear sensible shoes and sun protection; bring water and a compass if you have one.

If you are planning to bring a group, please let us know so that we can print extra maps.

This is a low-key introductory event designed for novices and youngsters as well as faster adults.

It's nothing like that boring compass / pace-counting exercise they made you do at school camp.

More events - usually Sunday 9am-11am; always check online

- 31 August - Coombabah Lakelands - flat bushland with trails
- 7 September - Central Park, Pacific Pines **TBC** - Park O and Street/Reserve O
- 28 September - Schuster Park, Tallebudgera - flat open parkland

Event programme at www.oq.asn.au/events Club = Paradise Lost, Year To = 2015

Learn about the orienteering club of the Gold Coast www.paradiselost.org.au

Keep in touch www.facebook.com/ParadiseLostOrienteers

Drop us a line paradiselost@oq.asn.au Call Mark 0404 50 99 24

