



come and try FREE PARK ORIENTEERING at the ZEST FESTIVAL

Ideal family activity : all welcome
suitable for all ages and abilities
training available : compasses for hire
run for your life, or just a stroll

Kurrawa Park

Broadbeach, Gold Coast

Sunday 13th July 2014

10am-2pm

FREE ENTRY



This Park Orienteering event is part of the Gold Coast ZEST Active Happy Healthy Living Festival.



What is Orienteering?

It's all about the map, not the compass!
Orienteering is the sport of navigating in unknown terrain using a detailed map. It's an ideal family recreation - our events are designed to cater for and challenge all ages and abilities.

*This is a low-key introductory event designed for novices and youngsters as well as adults.
It's nothing like that boring compass / pace counting exercise they made you do at school camp!*

More Orienteering events (always check online)

Sunday 20th July 2014 - Eddie Kornhauser Park, Elanora - Park Orienteering

Sunday 3rd August 2014 - Pizzey Park, Miami - Park Orienteering

Sunday 17th August 2014 - Discovery Park, Helensvale - Park Orienteering and Street Orienteering

What do I need to do?

Check online before setting off on the day.
Arrive between 10:00 and 13:30; wear sensible shoes and sun protection; bring water and a compass if you have one. If you are planning to bring a group, please let us know so that we can print extra maps.

Gold Coast event programme at www.oq.asn.au/events select Club = Paradise Lost, Year To = 2015

Learn about the Gold Coast's orienteering club www.oq.asn.au/paradise-lost-orienteers

Keep in touch www.facebook.com/ParadiseLostOrienteers

Drop us a line paradiselost@oq.asn.au Call Mark 0404 50 99 24