



# Come and try PARK ORIENTEERING

Ideal family activity : all welcome : suitable for all ages and abilities  
training available : compasses for hire : run for your life, or just a stroll

## Eddie Kornhauser Reserve

Elanora, southern Gold Coast  
Sunday 20<sup>th</sup> July 2014  
starts 9am-11am

\$5-7 senior \$4-6 junior \$14-20 family

### What is Orienteering?

It's all about the map, not the compass.  
Orienteering is the sport of navigating in unknown terrain using a detailed map.  
Orienteering is an ideal family recreation - our events are designed to cater for all ages and abilities.

**Eddie Kornhauser Recreation Reserve**  
Elanora, southern Gold Coast  
1km<sup>2</sup> City of Gold Coast parkland  
Casuarina Dr nr Silver Glade Dr service 763

Casuarina Dr Elanora 4221  
Gold Coast City  
Brisway 829 N11  
UBD GC 70 A7  
-28.1379,153.4401

Pacific Mwy [M1] exit 92 Elanora  
KPMcGrath Dr 1km  
Avocado St 1.2km  
Nineteenth Ave & Casuarina Dr 1.4km

Upper Coomera  
Helensvale  
Southport  
Nerang  
Surfers  
Robina  
Burleigh  
Coolangatta

Take Pacific Mwy exit 92 Palm Beach Ave/Palm Beach/Elanora.  
Turn west and follow KP McGrath Dr for 1km to the roundabout.  
Turn right and follow Avocado St for 1.2km to the T junction.  
Turn left and follow Nineteenth Ave and Casuarina Dr for 1.4km.



### What do I need to do?

Check online before setting off; arrive between 08:30 and 10:30; wear sensible shoes and sun protection; bring water and a compass if you have one.  
If you are planning to bring a group, please let us know so that we can print extra maps.

*This is a low-key introductory event designed for novices and youngsters as well as faster adults. It's nothing like that boring compass / pace-counting exercise they made you do at school camp.*

### More Orienteering events (always check online)

Sunday 3<sup>rd</sup> August 2014 - Pizzey Park, Miami - Park Orienteering

Sunday 17<sup>th</sup> August 2014 - Discovery Park, Helensvale - Park/School Orienteering and Street Orienteering

Sunday 31<sup>st</sup> August 2014 - Coombabah Lakelands - Bush Track Orienteering

Gold Coast event programme at [www.oq.asn.au/events](http://www.oq.asn.au/events) select Club = Paradise Lost, Year To = 2015

Learn about the Gold Coast's orienteering club [www.oq.asn.au/paradise-lost-orienteers](http://www.oq.asn.au/paradise-lost-orienteers)

Keep in touch [www.facebook.com/ParadiseLostOrienteers](https://www.facebook.com/ParadiseLostOrienteers)

Drop us a line [paradiselost@oq.asn.au](mailto:paradiselost@oq.asn.au) Call Mark 0404 50 99 24