

Come and try PARK ORIENTEERING

Ideal family activity: all welcome: suitable for all ages and abilities training available: compasses for hire: run for your life, or just a stroll

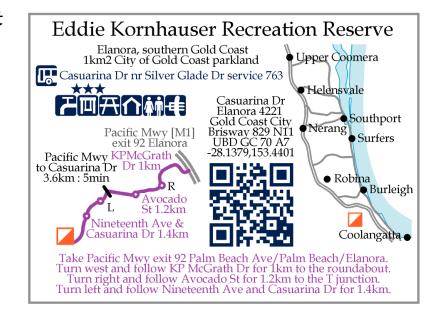
Eddie Kornhauser Reserve

Elanora, southern Gold Coast Sunday 20th July 2014 starts 9am-11am

\$5-7 senior \$4-6 junior \$14-20 family

What is Orienteering?

It's all about the map, not the compass. Orienteering is the sport of navigating in unknown terrain using a detailed map. Orienteering is an ideal family recreation - our events are designed to cater for all ages and abilities.





What do I need to do?

Check online before setting off; arrive between 08:30 and 10:30; wear sensible shoes and sun protection; bring water and a compass if you have one. If you are planning to bring a group, please let us know so that we can print extra maps.

This is a low-key introductory event designed for novices and youngsters as well as faster adults. It's nothing like that boring compass / pace-counting exercise they made you do at school camp.

More Orienteering events (always check online)

Sunday 3rd August 2014 - Pizzey Park, Miami - Park Orienteering

Sunday 17th August 2014 - Discovery Park, Helensvale - Park/School Orienteering and Street Orienteering

Sunday 31st August 2014 - Coombabah Lakelands - Bush Track Orienteering

Gold Coast event programme at www.oq.asn.au/events select Club = Paradise Lost, Year To = 2015

Learn about the Gold Coast's orienteering club www.oq.asn.au/paradise-lost-orienteers

Keep in touch www.facebook.com/ParadiseLostOrienteers

Drop us a line paradiselost@oq.asn.au Call Mark 0404 50 99 24