## Come and try **ORIENTEERING**

Ideal family activity : all welcome : suitable for all ages and abilities training available : compasses for hire : run for your life or just a stroll

## Eddie Kornhauser Reserve

Elanora, southern Gold Coast Sunday 29<sup>th</sup> March 2015 starts 9am-11am

Adult \$5-7 Junior \$4-6 Family \$14-20

Orienteering is the sport of navigating in unknown terrain using a detailed map. This event has short, easy courses for youngsters and longer, more challenging courses for adults.



## What do I need to do?

Bring your family on the day between 08:45 and 10:45, wear good shoes and sun protection, bring water. You don't need a compass. If you plan to bring a group, please let us know so we can print extra maps.

Directions and details <a href="http://www.oq.asn.au/events/1084/">www.oq.asn.au/events/1084/</a>



**More events -** always check online for final details:

Tuesday 24th March 5:45 for 6pm

Labrador - sundown street score

Tuesday 7th April 5:45 for 6pm

Venue To Be Advised - sundown street score

Tuesday 21st April 5:45 for 6pm

Venue To Be Advised - sundown street score

Sunday 26th April 9-11am

Botanic Gardens, Benowa - park orienteering

Event programme <u>www.oq.asn.au/events</u> Club = Paradise Lost, Year To = 2016 Learn about the orienteering club of the Gold Coast <u>www.paradiselost.org.au</u> Keep in touch <u>www.facebook.com/ParadiseLostOrienteers</u> Drop us a line <u>paradiselost@oq.asn.au</u> Call Mark 0404 50 99 24

