Bush Navigation and Coaching Series

Sunday 08th February 2015 00:00 - 00:00 EST

Classification	Local event
Discipline	Foot
Classes	This event has no classes
Punching system	manual
Status	legacy
Organiser	Toohey Forest Orienteering Club
Contact phone	33454527
Contact email	tfo.secretary@gmail.com

Toohey Forest Sunday Afternoon Bush Navigation series

Sunday 8 Feb 1pm Stockyard Creek, Brisbane Koala Bushland, Burbank

Coaching - Basic map reading, using map and compass

Sunday 15 Feb 1pm Stockyard South, Brisbane Koala Bushland, Burbank

Coaching - Using handrails and attach points

Sunday 22 Feb 1pm Toohey Forest, Griffith University, Nathan Campus Ring Road.

Coaching - Route choice on the move, how the best do it!

The coaching sessions for the first hour are for beginners and also orienteers and rogainers wishing to improve their navigation competency.

From 1.30 each time experienced orienteers or those just wanting a social outing may undertake an easy course (1.5km); moderate course (2.5km); or a harder 3.0 and 4.5km course. This will be on a friendly honour system like mid-week orienteering. Sport Ident will not be used.

You may pre-register on line.

or

Register for this activity by emailing tfo.secretary@gmail.com or phone Rob Simson 33454527