

**Classification** Local event**Discipline** FootO**Classes** This event has no classes**Punching system** manual**Event form** Individual**Organiser** Totally Tropical Orienteering Club

Training Weekend to learn some new skills, update current skills and have some fun racing !  
Using JCU and North Shore

**Saturday 07 March**

1200h - 1500h : Training Activities and X-Country Courses

1600h - 1800h : Urban Sprints and Bush-Urban-Sprint Relays

**Sunday 08 March**

0800- 1100h : 1h and 3h Metrogaine and Cyclegaine

