OQ Squads Training Camp

Saturday 06th December 2014 00:00 - 00:00 EST

Discipline	-
Classes	This event has no classes
Punching system	manual
Status	legacy
Contact phone	0407 574 878
Contact email	sheldonanna@hotmail.com

Maps – Cascades and Braeside

Hosted by Orienteering QLD and Cyclones – All welcome

Training and accommodation package worth $100 per person

Free for OQ members.

Proposed schedule -

Saturday – Cascades training from 9am (3 sessions)

Saturday evening – Technical session – Storm King Dam

Sunday – Braeside training from 9am (2 sessions)

Group 1 – Hard/Red level group focused on preparation for Oceania champs in Tassie

Group 2 – Green-Orange (easy-moderate) level group aimed at improving basic orienteering skills. We especially invite parents who are new to orienteering to join this group.

Group 3 – Improve your coaching. Training for coaches (or those who would like to coach). Teaching basic to intermediate level skills at club or school level. Come and learn some coaching tips and get some practical experience.

Free accommodation at YMCA camp at Storm king dam Friday and Saturday nights. Use of kitchen. Please advise numbers and nights of accommodation required. (max 55 people)

BYO all food and bedding.

Contact – Anna Sheldon

sheldonanna@hotmail.com

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