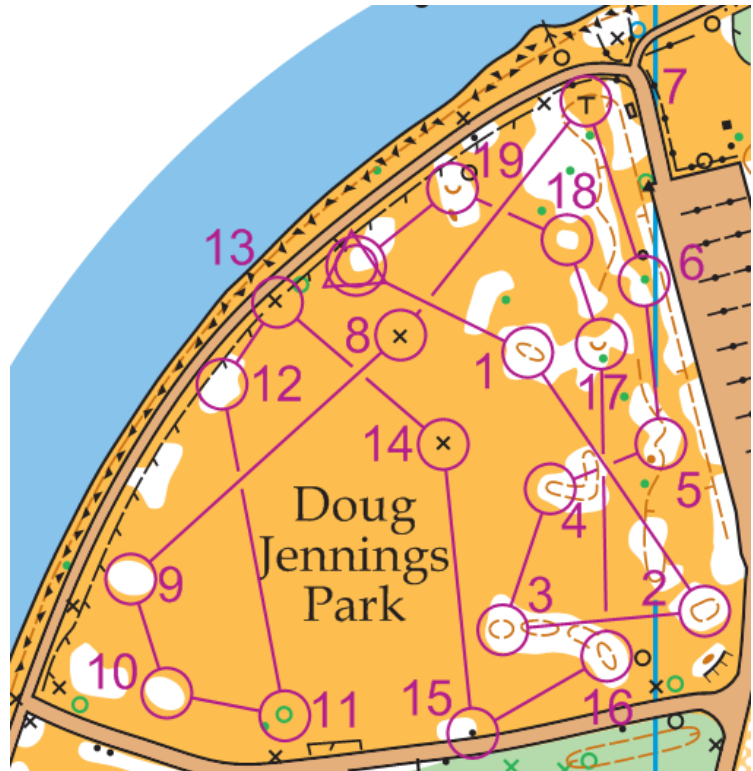


Classification Local event
Discipline Foot
Classes This event has no classes
Punching system manual
Status legacy
Organiser Paradise Lost Orienteers
Contact phone 0404 50 99 24
Contact email paradiselost@oq.asn.au

Today's event uses a brand new map of Southport Spit, a lovely place with varied bush and open terrain, sand dunes for extra confusion, and Doug Jennings Park next to the cafe and toilets for the shorter / easier courses.

The park isn't suitable for an Extremely Easy course but we have a 1.1km Very Easy course following handrails and a 2.3km Easy course entirely within the park; here is the draft of the Easy:



The longer courses tour the bush trails of Southport Spit.

Remember to bring sun protection and water.

Here is the PDF to download, print and share:

<http://www.markroberts.id.au/ParadiseLostSouthportSpit20141102.pdf>