Nerang NP Gold Coast MidWeek

Thursday 06th November 2014 00:00 - 00:00 EST

Classification	Local event
Discipline	Foot
Classes	This event has no classes
Punching system	manual
Status	legacy
Organiser	Paradise Lost Orienteers
Contact phone	0404 50 99 24
Contact email	paradiselost@oq.asn.au

This event is different from PLQ's usual programme - please read carefully.

Competitors in the Pan Pacific Masters Games are very welcome to join us. Please get in touch if you need transport.

Today's event is a midweek bush thrash hosted by Paradise Lost Orienteers.

Only technically and physically challenging courses will be offered at this event, although we expect our usual contingent of 70-80 year old competitors to enjoy their courses.

All courses are technically challenging; this event is not suitable for novices. The Short is reasonably physically gentle but the others are not. Full body cover is strongly reecommended as the bush is scratchy, did we mention Lantana. There is water on the courses but it might be wise to carry some.

Starts from 11am to noon; course closure 1pm. Please don't arrive at 12 hoping to run the Long.