Toohey Forest Sunday Afternoon Special

Sunday 01st June 2014 00:00 - 00:00 EST

Classification	Other event
Discipline	Foot
Classes	This event has no classes
Punching system	SI
Status	legacy
Organiser	Toohey Forest Orienteering Club
Contact phone	3345 4527
Contact email	robinsimson5@bigpond.com

Sunday afternoons starts 1.30pm

A **one hour optional coaching session followed by a practice course** of either 1.5km or 2.5km There will also be some introductory coaching and participation games suitable for children (6-12years).

Normal courses:

Easy 1.5km; Moderate 2.5km or 3.5km; and Hard 4.7km

Cost: $5 per family group or individual plus $2 for a deposit for each electronic SI timing stick hire.

Contact: To register for the events or for more information contact Rob Simson a- Phone: 33454527 or Email: **robinsimson5@bigpond.com**

Courses also available

In conjunction with the coaching sessions, three courses will be set - hard (4.5km), moderate (3km) and easy (1.5km). Orienteers are welcome to attend and complete a course independent of the coaching sessions. No pre-entry is required.