

## Toohy Forest Sunday Afternoon Special

Sunday 01st June 2014 00:00 - 00:00 EST

**Classification** Other event

**Discipline** Foot

**Classes** This event has no classes

**Punching system** SI

**Status** legacy

**Organiser** Toohy Forest Orienteering Club

**Contact phone** 3345 4527

**Contact email** [robinsimson5@bigpond.com](mailto:robinsimson5@bigpond.com)

### Sunday afternoons starts 1.30pm

A **one hour optional coaching session followed by a practice course** of either 1.5km or 2.5km There will also be some introductory coaching and participation games suitable for children (6-12years).

Normal courses:

**Easy 1.5km; Moderate 2.5km or 3.5km; and Hard 4.7km**

**Cost:** \$5 per family group or individual plus \$2 for a deposit for each electronic SI timing stick hire.

**Contact:** To register for the events or for more information contact Rob Simson a- Phone: 33454527 or Email: [robinsimson5@bigpond.com](mailto:robinsimson5@bigpond.com)

### Courses also available

In conjunction with the coaching sessions, three courses will be set - hard (4.5km), moderate (3km) and easy (1.5km). Orienteers are welcome to attend and complete a course independent of the coaching sessions. No pre-entry is required.