Urban Adventure Series Race 4

Wednesday 05th March 2014 00:00 - 00:00 EST

Classification	Local event
Discipline	Foot
Classes	This event has no classes
Punching system	manual
Status	legacy
Organiser	Totally Tropical Orienteering Club
Contact email	TTOC@bigpond.com

This is a score event, usually between 25 - 30 controls. The aim is for everyone to get 60mins of exercise. Aim is to collect as many control points in the hour. Fast runner teams with good navigators will often cover 11.5-12km, normal teams probably average 8km, younger teams and poorer navgiators 5-6km in the hour. Points are allocated for each control - but you start losing points if you're back after the hour.

It's fast and fun for everyone!