

**Classification** Other event

**Discipline** Foot

**Classes** This event has no classes

**Punching system** manual

**Status** legacy

**Organiser** Range Runners Orienteering Club

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**Swedish junior elite orienteers, Ludvig Ahlund and Annika Carlsberg**, will be running this coaching session. It's not often we have access to this sort of talent, so be there for some tips on how to improve your skills! This session is open to all orienteers from beginners to elites.