Rogaine Training Day

Saturday 29th March 2014 00:00 - 00:00 EST

Classification	Other event
Discipline	Foot
Classes	This event has no classes
Punching system	manual
Status	legacy
Organiser	Queensland Rogaining Association

The Qld Rogaine Association invites you to our training day to be held at Grande Park in Springfield (30 minutes drive SW from the Brisbane CBD) on Saturday the 29th March 2014.

The program is aimed at both novice and semi-experienced rogainers. The day will be adapted to the number of participants, and their level of navigation experience. The day will consist of both theory and hands on exercises.

Topics to be covered include Navigation, Course Planning, Nutrition and lots more.

The training day will run from 10am until about 1pm. Then you can stay and try out your nav skills in the "Shelbyville 3/6hr Rogaine" which starts at the same location at 3pm (map handout at 2pm). Enter this event separately here.

Cost is only $5 per person if you register before 26th March.

When:
Sat 29th March 2014
10:00am Start to 1:00pm Finish

Location:
Grande Park, Springfield, approximately 30 min drive SW of Brisbane.

For more details:

Go to the QRA website to enter : http://qldrogaine.asn.au
Contact the event organiser Dave Firman on (07) 3356 3582 or by email *david.firman@optusnet.com.au*.