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| Classification | Club event |
| Discipline | FootO |
| Classes | Very Easy 10am, Easy 10am, Moderate 10am, Hard 10am, Very Easy 12pm, Easy 12pm, Moderate 12pm, Hard 12pm |
| Punching system | manual |
| Event form | Individual |
| Status | Entries opened |
| Organiser | Range Runners Orienteering Club |
| Contact phone | 46981538 |
| Contact email | roc@oq.asn.au |

Coaching for Beginner to Advanced. All welcome. Two identical sessions - start 9 am or 12 midday. Please enter your course and the start time, thanks. For more information, see attached flyer.

