

## Race 1 NOL Sprint Relay

Saturday 22nd February 2014 00:00 - 00:00 EST

<b>Classification</b>	National event
<b>Discipline</b>	Foot
<b>Classes</b>	This event has no classes
<b>Punching system</b>	SI
<b>Status</b>	legacy
<b>Organiser</b>	Orienteering Queensland

This relay competition is only open to official, state National Orienteering League teams. Other orienteers are able to enter the public races that will immediately follow the relays.

**Race 1 - NOL** – This will be a two person relay event with four legs. Each team member will run two legs. There will be separate men's and women's courses. The elite and junior elite age classes will be combined. There will be a mass start of the women's teams at 8:00am. The mass start of the men's teams will be at 8:30am. Team maps will be hung on a temporary fence. As each team member finishes, they download, have a drink and return to the change over area to clear, check and wait for team member to return. Team members will wear chest numbers reflecting which leg they are running, ie., 1 and 3 or 2 and 4. Winning times for the relay is expected to be 48 to 60 minutes.

**Classes:** The M and W elites and junior elites will run in the same race.