

Classification Club event
Discipline FootO
Classes Training
Event form Individual
Organiser Range Runners Orienteering Club
Contact phone 46981538
Contact email rroc@oq.asn.au

There will be 2 coaching exercises and a bush event. Come and try the sport of orienteering! It's a sport for the whole family, for all ages and fitness levels. Go out on your own or in a group (inexperienced children under 9 must be accompanied). All school students aged between 10 and 19 (born between 1999 and 2008) who attend this day are invited to the Darling Downs Trials at Geham on Tuesday, May 1. Come along to Columboola for a great day of fun and fitness! See See attached flyer for details.
If you only wish to do the coaching, enter 'coach only', if you wish to do the coaching and the event, or just the event, please enter the course standard you wish to do.

