

GET GOING-BUSH SERIES and Intro coaching

Sunday 02nd February 2014 00:00 - 00:00 EST

Classification Other event**Discipline** Foot**Classes** This event has no classes**Punching system** SI**Status** legacy**Organiser** Toohey Forest Orienteering Club**Contact phone** 3345 4527**Contact email** robinsimson5@bigpond.com**Toohey Forest Orienteering**

GET GOING Active Recreation-BUSH SERIES and Introductory Coaching

Getting going with GET GOING active recreation! February BUSH SERIES for families, teenagers and adults alike.**Sunday afternoons starts 1.30pm**

Each session will begin with a one hour coaching session followed by a practise course of either 2.5km or 3.8km. There will also be some introductory coaching and participation games suitable for children (6-12years).

Cost: \$5 per family group or individual plus \$2 for a deposit for each electronic SI timing stick hire.

Contact: To register for the events or for more information contact Rob Simson
Phone: 33454527 or Email: robinsimson5@bigpond.com