

Classification Other event**Discipline** Foot**Classes** This event has no classes**Punching system** SI**Status** legacy**Organiser** Toohey Forest Orienteering Club**Contact phone** 3345 4527**Toohey Forest Orienteering****GET GOING Active Recreation-PARK SERIES and Introductory Coaching**

Getting going with GET GOING active recreation! November PARK SERIES for families, teenagers and adults alike.

Sunday afternoons starts 1.30pm**Introduce your children to the excitement of Buzz Racing.**

Introductory basic coaching – map orientation, map interpretation and map scale. Similar instruction each week, building on experience for those who come each time. So come each week if you can and build your skills and confidence.

Scatter course with 8 controls. Locked SI units. Printout of your results.

Venues:

Week 1 3 November DM Henderson Park, meet near Band hut and Sunnybank Rugby Union

Week 2 10 November Yeronga Park, end of Honour Avenue adjacent to Tennis courts

Week 3 17 November DM Henderson Park, meet near Band hut and Sunnybank Rugby Union

Week 4 24 November Yeronga Park, end of Honour Avenue adjacent to Tennis courts

Cost: \$5 per family group or individual plus \$2 or a deposit for each electronic SI timing stick hire. Third and fourth week attendance absolutely free.

Contact: To register for the events or for more information contact Rob Simson Phone: 33454527 or Email: qldschoools@oq.asn.au