

Sprint coaching, Toowoomba State High School

Sunday 16th July 2017 14:00 - 14:00 EST

Classification Club event

Discipline FootO

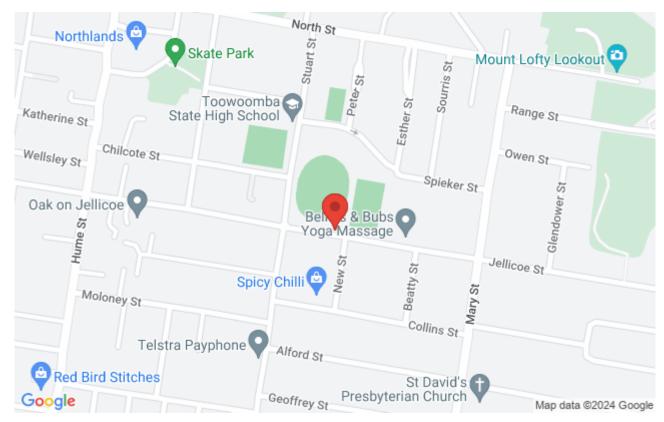
Classes Very Easy, Easy, Moderate, Hard

Event form Individual

Status Entries opened

Organiser Range Runners Orienteering Club

Coaching exercises on a sprint map, for all ages and abilities, very easy to hard navigation. FREE to all club members, \$5 for non-members, all welcome. If you wish to time yourself, bring your SI stick (start and finish punches only).



https://oq.orienteering.asn.au/events/5323 | Generated Tuesday 16th July 2024 07:59 pm