

Classification Local event
Discipline FootO
Classes Very Easy, Easy, Moderate 2, Moderate 1, Mod/Hard
Punching system SI
Event form Individual
Status Entries opened
Organiser Range Runners Orienteering Club
Contact phone 46981538
Contact email rrc@oq.asn.au

This is a FREE COACHING session to START AT 1PM, with Very Easy, Easy, two independent Moderates and a Mod/Hard. Leg covering is recommended as there is lantana, but no grass seeds. SI will be used. SEE ATTACHED FLIER

