

**Classification** Local event  
**Discipline** FootO  
**Classes** Very Easy, Easy, Moderate 2, Moderate 1, Mod/Hard  
**Punching system** SI  
**Event form** Individual  
**Status** Entries opened  
**Organiser** Range Runners Orienteering Club  
**Contact phone** 46981538  
**Contact email** [rrc@oq.asn.au](mailto:rrc@oq.asn.au)

This is a FREE COACHING session to START AT 1PM, with Very Easy, Easy, two independent Moderates and a Mod/Hard. Leg covering is recommended as there is lantana, but no grass seeds. SI will be used. SEE ATTACHED FLIER

