

Classification Local event**Discipline** Foot**Classes** This event has no classes**Punching system** SI**Status** legacy**Organiser** Toohey Forest Orienteering Club**Coaching Session 3**

- Route choice on the move, how the best do it!

Starts

Coaching 1pm for one hour.

Courses from 2.30pm. Close 3.15pm

Courses

Long Hard 5km

MediumModerate 3.5km

Short Easy 2.0km

Cost

Adult \$12 (includes SI stick hire): Juniors \$6. Family max \$30

Member discount Adult \$10; Juniors \$5. Family max \$25

On Line entry available. Pay on the day.