

**Classification** Local event

**Discipline** Foot

**Classes** This event has no classes

**Punching system** SI

**Status** legacy

**Organiser** Toohey Forest Orienteering Club

### Coaching Session 3

- Route choice on the move, how the best do it!

### Starts

Coaching 1pm for one hour.

Courses from 2.30pm. Close 3.15pm

### Courses

Long Hard 5km

MediumModerate 3.5km

Short Easy 2.0km

### Cost

Adult \$12 (includes SI stick hire); Juniors \$6. Family max \$30

Member discount Adult \$10; Juniors \$5. Family max \$25

On Line entry available. Pay on the day.