

**Classification** Local event

**Discipline** Foot

**Classes** This event has no classes

**Punching system** SI

**Status** legacy

**Organiser** Toohey Forest Orienteering Club

#### Coaching Session 2

- Using handrails and attack points

#### Starts

Coaching 1pm for one hour.

Courses from 2.30pm. Close 3.15pm

#### Courses

Long Hard 5km

MediumModerate 3.5km

Short Easy 2.0km

#### Cost

Adult \$12 (includes SI stick hire); Juniors \$6. Family max \$30

Member discount Adult \$10; Juniors \$5. Family max \$25

On Line entry available. Pay on the day.