

**Classification** Local event**Discipline** Foot**Classes** This event has no classes**Punching system** SI**Status** legacy**Organiser** Toohey Forest Orienteering Club**Coaching Session 2**

- Using handrails and attack points

**Starts**

Coaching 1pm for one hour.

Courses from 2.30pm. Close 3.15pm

**Courses**

Long Hard 5km

MediumModerate 3.5km

Short Easy 2.0km

**Cost**

Adult \$12 (includes SI stick hire): Juniors \$6. Family max \$30

Member discount Adult \$10; Juniors \$5. Family max \$25

On Line entry available. Pay on the day.