

**Classification** OY event**Discipline** Foot**Classes** This event has no classes**Punching system** SI**Status** legacy**Organiser** Queensland Cyclones**Contact phone** 0407 574 878**Contact email** [sheldonanna@hotmail.com](mailto:sheldonanna@hotmail.com)

Hard (Red) 1-5

Moderate (Orange) 1-2

Easy (Green)

Very Easy (Blue)