

## Coaching for Beginners, Gurulmundi State Forest

Friday 10th July 2026 10:00 - 10:00 EST

**Classification** Club event  
**Discipline** FootO  
**Classes** Very Easy, Easy  
**Status** Entries opened  
**Organiser** Range Runners Orienteering Club

There will be coaching for all beginners from 10-11am. Members of the South West Schools team in the 11 and 13 Years age groups are encouraged to attend. Friends and family are also very welcome. Cost is \$6. Pay on the day, cash only (sorry, the card reader doesn't work there :( ) Please bring your own water, you can borrow a compass. Punch cards will be used. For more information please email [roc.oq@gmail.com](mailto:roc.oq@gmail.com) or text 0427523541



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