

Classification	State event
Discipline	FootO
Classes	Long, Medium, Short, Moderate, Easy
Status	Completed
Organiser	Orienteering Queensland

A great training opportunity before the Champs on a gently undulating terrain with occasional mining like detail.

Glider Forest is on the South side of Brisbane close to the Logan Motorway.

The assembly area will be in a lovely area at Budela Budela Park in Warill Parkland with a large carpark, lakes and plenty of seating with BBQs available and a Children's playground.

All courses will be a short walk across the very busy Paradise Road, with a remote start and finish. Cost \$8/entrant.

Queueing starts, with one minute intervals between 10.30 and 11.30. Courses close 1pm.

Courses:

Long Hard 5.7km 100m Climb

Medium Hard 3.8km 45m

Short Hard 2.7km 35m

Moderate 2.9km 35m

Easy 1.6km 10m (Warill Parklands only)

Mini awards for male and female winners.

Limited water will be available on the Long and Medium courses. Water fountains are available at the assembly area.

See flyer for more details.

