

## Map Run Parks - Gold Coast - Event #9 12th Jul. The Spit.

Saturday 12th July 2025 15:30 - 17:30 EST

**Classification** Club event

**Discipline** Park/Street Orienteering

**Classes** Score

**Punching system** manual

**Organiser** Paradise Lost Orienteers

Join us for a fun run, jog, or walk in the park using a printed map.

This event is designed for everyone, with most routes being wheelchair and stroller friendly. If you have any concerns, please contact us.

**Highlights:**

- No prior experience or compass needed.
- You won't get lost, navigating can be a fun challenge.
- Suitable for all ages and fitness levels.
- Go solo or with a group. Children 14 and under must be accompanied by an adult.
- Full instructions provided by our friendly team.

**MapRun App:** Download the free MapRun App before the event or we'll be happy to help you at the event. Check the links on our page for more details.

**Start Time:** 4:30 pm. After studying the map and selecting your route. Alternatively, you can run at any time using the map on your phone.

**Fees:**

Orienteering Club Members: \$7 per competitor. Non-members: \$10 per competitor. Groups: \$15 (one phone, returning one result). Preferably pay by credit card or phone.

We look forward to seeing you there!

