

**Classification** Club event  
**Discipline** FootO  
**Classes** Easy, Short, Medium, Long  
**Punching system** manual  
**Status** Completed  
**Organiser** Paradise Lost Orienteers

All ages and abilities are welcome to Hinterland Regional Park, Mudgeeraba, on Sunday 17 August. This map is a regular on our calendar featuring a number of interconnected trails through a bushland/park setting.

As usual we have a range of courses to suit all needs and ability levels, from Easy (1.2km), to Short (2.2km), Medium (3.5km) and Long (4.8km).

No need to pre-enter or register, but please let us know right away if you plan to bring a substantial group so we can print more maps.

Start between 9am and 11am with course closure at 12pm. Bring sound footwear, sun protection and water. Non-member adults \$10, kids \$8, families \$22.

