

Coaching

Saturday 03rd March 2012 00:00 - 00:00 EST

Classification Other event
Discipline Foot
Classes This event has no classes
Punching system manual
Status legacy
Organiser Enoggeroos
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Enoggeroos will commence their 2012 coaching series on Saturday 3rd March at Bunyaville Picnic Grounds.

Commencing 3.00pm for approximately 1 hour. The coaching is aimed at beginners to intermediate orienteers.

All welcome. Free.

As most of the training will be in the bush please be there by 3.00pm.

Clothing: Good joggers/running shoes, sturdy but light long slacks or grass gaiters.

If you have a compass bring it along.

Compasses and maps will be provided.