TTOC JCU Cross-Country and Training Finale

Wednesday 24th April 2024 17:15 - 20:30 EST

Classification	Local event
Discipline	FootO
Classes	This event has no classes
Punching system	manual
Organiser	Totally Tropical Orienteering Club

Week 4 - Learn to Navigate and Orienteer - Final Event
JCU Cross-Country Event
MORE SPECIFIC INFORMATION TO BE ADDED ?
Location - JCU
Timings - Course Start Window 5.30-7pm
- Course Closes 11am

Are you interested in Learning to Navigate and Orienteer?
Learn the theory and practice behind map and compass navigation in an Urban and Bush Environment. Ideally we will have 2 Groups - one will start right at the beginning, so 100% suitable for those with no idea but keen to learn. We will also offer a more advanced sessions for those with some experience but keen to hone those skills on the ground.
Come and join Mitch, Russ, Linda and a few special guests and find out the secrets behind not ending up off the map and coming home with boasting rights!
This will be a 4-week course:
* Wed 03 Apr - Jezzine Barracks
* Wed 10 Apr - James Cook Uni
* Wed 17 Apr - James Cook Uni
* Wed 24 Apr - James Cook Uni
Timings
* Weeks 1-3, 5.30-7pm
* Week 4 course start window will be 5.30-7pm
Ideally you will learn the most if you can attend all 4-weeks, as we will be following a program, turn up a week late and you are likely to be left behind with an upside-down map !!
On Sunday the 13 Apr we will open this up to everyone and our course participants will have a chance to show the non-participants just what they missed out on in a fun competitive cross-country event, maybe with a relay thrown in for good fun !!
Bring - strongly suggest a head torch - it will be dark by 7pm, comfy running-walking attire for Jezzine and we will chat about equipment once we hit the bush at JCU !! Also bring a few scribble implements - you will find a pencil, pen and a few highlighters really handy,
TTOC will supply maps, compasses, emergency whistles, first aid kit, fluids, spare writing implements and some fun activities !!!
REGISTRATION - via TTOC email ONLY ... send us an email with your name(s) / email address / phone number and we will save you a spot!! TTOC4810@gmail.com


Saints Cricket Club
Buchan Rd
James Cook Dr
JCU: James Cook University, Australia...
The John Flynn College
JCU Walking Track
The Science Place
Education Central, James Cook University
Monkhouse Rd
James Cook Dr
Reef Research Aquarium Laboratori
Green Cl
Saints Catholic College
James Cook Dr
James Cook Dr
Boating and Diving, James Cook University
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