

## Sprint Orienteering at Griffith University, Gold Coast

Sunday 18th August 2024 09:00 - 11:00 EST

**Classification** Club event

**Discipline** FootO

**Classes** Easy, Short, Long

**Punching system** manual

**Status** Completed

**Organiser** Paradise Lost Orienteers

Along with our Map Run Park series, we still have our usual Sunday morning events.

All ages and abilities are welcome to Griffith University on Sunday 18 August. This map offers some excellent technical sprint orienteering through a maze of buildings, steps, paths and roads.

Competitors will have the opportunity to run multiple times at this event, with sprint courses ranging from Easy (1km), to Short (2.1km) and Long (3.3km). You could run just one or all of the courses if you like!

We will use the latest version of MapRun with flags on the Easy course. No need to pre-enter or register, but please let us know right away if you plan to bring a substantial group so we can print more maps.

Start between 9am and 11am with course closure at 12pm. Bring good shoes, sun protection and water. Non-member adults \$10, kids \$8, families \$27.

Paradise Lost on Facebook: <https://www.facebook.com/ParadiseLostOrienteers/>

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