

## Intermediate Level MTBO Training Day

Sunday 06th March 2022 08:30 - 16:00 EST

Classification Club event

Discipline MTBO

Classes Training

Punching system manual

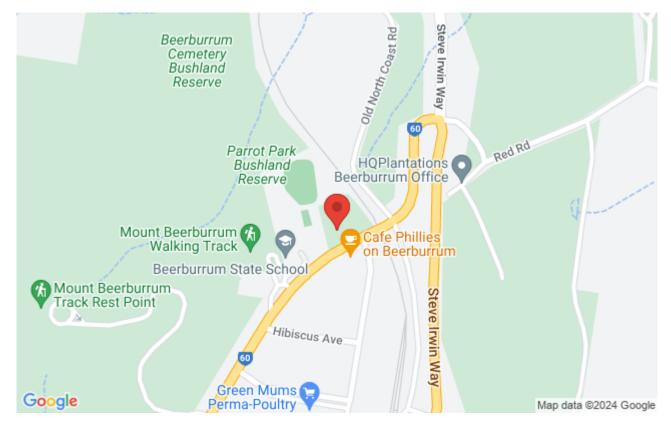
Event form Individual

Status Entries opened

Organiser Sunshine Orienteers Club

A one day course for riders who have mastered the MTBO basics and want to improve their preparation, navigation and physical performance.

Course pre-requisites are... a rider must be competent in map reading skills, know the Australian MTBO rules and have successfully completed at least 6 MTBO events. We won't be teaching the 'basics' in this session.



https://oq.orienteering.asn.au/events/17043 | Generated Tuesday 16th July 2024 07:53 pm