

Mt Peel Coaching

Sunday 06th March 2022 10:00 - 10:00 EST

Classification Club event

Discipline FootO

Classes Very Easy, Easy, Short Moderate,

Long Moderate

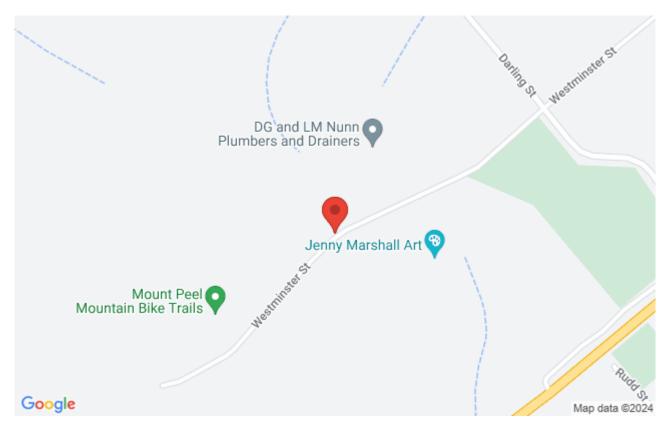
Punching system SI

Event form Individual

Status Completed

Organiser Range Runners Orienteering Club

Newcomers Welcome! This is a coaching session ideal for beginners, offering games as well as very easy and easy courses, and moderate/hard route choice exercises. Leg covering is highly recommended for the route choice exercises (old thick jeans are good - op shop?). Ultra Mini Cyclones, bring your books! https://oq.orienteering.asn.au/training-squads Cost is \$5 per member or \$8 per non-member (\$15 for a member family, \$25 for a non-member family). You can borrow a compass, SI hire is \$2. Assembly area is at the south western end of Westminster St, at the top of the hill. Starts from 10.00am - 11.00am, courses will close at 12.30pm. Please enter online or email rroc.oq@gmail.com as we preprint the maps, thanks.



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