

## Night Nav - Clontarf - MBRC

Tuesday 19th October 2021 00:00 - 00:00 EST

**Classification** Club event

**Discipline** FootO

**Classes** Score

**Punching system** manual

**Event form** Individual

**Status** Completed

**Organiser** Enoggeroos

Meet at Carrick Park, Alkooie Avenue, Clontarf 4019

Start between 5:30 and 6:30pm. Course closes at 7.30pm.

40 minute Score Event.

Use the App and a Map to run, jog or walk through local parks and streets in the cool of the evening. Download the latest version of MapRunF on your smartphone before you arrive and your phone will register the checkpoints you visit. (See links on this page to obtain the App).

All ages and fitness levels catered for. Compete individually or participate in a group. Children under 14 must be accompanied by an adult. Bring a small torch or head lamp. Full instructions given.

Detailed results will be available via the links provided on this page.

\$5 per person or \$12 per family. 'Tap & go' payment preferred.

