

Park-O #1 Springfield Lakes

Saturday 27th October 2012 00:00 - 00:00 EST

Classification Local event

Discipline Foot

Classes This event has no classes

Punching system SI

Status legacy

Organiser Ugly Gully Orienteers

Contact phone 3720 2989

Contact email franorienteering@gmail.com

First of 6 coaching workshops from 2-3pm, before the event.

Learn to

*Orientate Maps

*Interpret Contours

*Understand Map Symbols & Course markings

*Use techniques such as Handrails, Attack points, Collecting Features and Aiming off

*Keys to completing a basic park & street courses successfully

Cost \$2

BYO chairs

Email suyantay@gmail.com before 9pm on Wed if you are coming

And for the little orienteers there's **BuZZ Racing**.

Very short and very easy around Spring Lake Park.

Suitable for under 10's.