

## Sprint Training Toowoomba

Friday 28th August 2015 00:00 - 00:00 EST

**Classification** Local event

**Discipline** Foot

**Classes** This event has no classes

**Punching system** manual

**Status** legacy

**Organiser** Range Runners Orienteering Club

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This is sprint training aimed at the Qld Juniors going to Ballarat next month, and is of Hard/Moderate standard. Others are welcome, please email Riley to register [34058@twgs.qld.edu.au](mailto:34058@twgs.qld.edu.au) . Participation is free. Skill for this week - planning the whole leg and foresight.