

Sprint Training Toowoomba

Friday 28th August 2015 00:00 - 00:00 EST

Classification Local event

Discipline Foot

Classes This event has no classes

Punching system manual

Status legacy

Organiser Range Runners Orienteering Club

Contact phone 46981538

Contact email 34058@twgs.qld.edu.au

This is sprint training aimed at the Qld Juniors going to Ballarat next month, and is of Hard/Moderate standard. Others are welcome, please email Riley to register 34058@twgs.qld.edu.au . Participation is free. Skill for this week - planning the whole leg and foresight.