Sprint Training Toowoomba

Friday 28th August 2015 00:00 - 00:00 EST

Classification	Local event
Discipline	Foot
Classes	This event has no classes
Punching system	manual
Status	legacy
Organiser	Range Runners Orienteering Club
Contact phone	46981538
Contact email	34058@twgs.qld.edu.au

This is sprint training aimed at the Qld Juniors going to Ballarat next month, and is of Hard/Moderate standard. Others are welcome, please email Riley to register 34058@twgs.qld.edu.au . Participation is free. Skill for this week - planning the whole leg and foresight.