

## Night Nav - Middle Ridge Park, Toowoomba

Thursday 28th January 2021 19:00 - 19:00 EST

<b>Classification</b>	Club event
<b>Discipline</b>	FootO Park/Street Orienteering
<b>Classes</b>	Score
<b>Punching system</b>	SI
<b>Event form</b>	Individual
<b>Status</b>	Completed
<b>Organiser</b>	Range Runners Orienteering Club

Please be COVID safe - do not come if you are feeling unwell, and always maintain 1.5m physical distancing.

Start location at Middle Ridge Park, Stenner St

40 minute score event. Points lost for late return.  
Starts from 7.00- 7.20pm. Pack up time: 8.00pm.

Use the App (see attached flyer and links) and a Map to run, jog or walk through local parks and streets in the cool of the evening. Download the latest version of MaprunF app on your smartphone before you arrive and your phone will register the checkpoints you visit. Contact rroc@oq.asn.au or phone 0427523541 if you have problems.

All ages and fitness levels catered for. Compete individually or participate in a group. Children under 12 must be accompanied by an adult. Bring a small torch or head lamp. Full instructions given.

Results will be available in Eventor.

\$5 per person or \$15 per family. Courses close at 8.00pm.