

<b>Classification</b>	Club event
<b>Discipline</b>	FootO
<b>Classes</b>	Short, Long
<b>Punching system</b>	manual
<b>Event form</b>	Individual
<b>Status</b>	Completed
<b>Organiser</b>	Ugly Gully Orienteers

Come along for a fun, friendly run/jog/walk in the park.  
You have 40 mins to visit as many checkpoints in the park as possible.  
Most events are wheelchair and pram friendly. If in doubt, contact us.  
No experience needed.  
No compass needed.  
You won't get lost, but choosing the best way to go can be a fun challenge.

The start/finish location is in Seils Park - Toomba Avenue.

Download the free MapRunF App either before the event or come along and we will help you. See the links on this page.

All ages and fitness levels are catered for. Go individually or in a group. Children 14yo and younger must be accompanied by an adult.

Full instructions given by our friendly team.

\$5 per map of the park, or \$12 for maps for a family group.

Arrive with the aim to start between 4:00pm and 4:30pm. If this doesn't suit, you can run at any other time, by printing out your own map from the website.

