

Classification Club event

Discipline FootO

Classes Jnr Hard, Jnr Moderate, Jnr Easy, Adult Accompanying Jnr, Public Hard Long, Public Hard Short, Public Moderate, Coaches/Helpers/Spectators

Punching system manual

Event form Individual

Status Entries opened

Organiser Orienteering Queensland

Training session. Location is now Springfield Lakes, where the map (Opossum North - off Grande Ave) offers more opportunities for a range of navigation levels. Parking in Grande Park. Coaching primarily aimed at juniors 10-20 years, plus DIY training courses open to all. Younger children, and children who are not yet confident with Easy courses, are welcome to participate in junior training if they are accompanied by an adult.

Coaches: Su Yan Tay (Hard, Moderate); Felicity Crosato & Marion Burrill (Easy).

There will also be 3 DIY training courses open to the public (flags only, some coaching available depending on numbers):

- Moderate (approx 3km),
- Hard Short (3km)
- Hard Long (5.5km).

FREE ENTRY: Funding provided through Sport & Recreation Qld. All participants **MUST** pre-enter.

BYO water bottle (no water on the course).

Lunch (from Subway) provided.

****Juniors need to arrive before 9am as we will leave together for a remote start.****

Public courses: start anytime from 9am. Course closure 12 noon.

